

Canadian Legal Resource Centre Inc.  
**CALL NOW!** Mon-Sat Daytime & Evening Appointments  
 403.229.2774 **FREE CONSULTATION**  
**UNCONTESTED DIVORCES**  
 Legal Separation Agreements  
 Spousal Land Transfers  
[www.canadianlegal.org](http://www.canadianlegal.org)  
**CRIMINAL RECORD?**  
 Canadian Pardons  
 US Travel Waivers  
 Fingerprinting  
 21+ years experience  
 Voted #1 Paralegal  
 Why pay more?

The world's largest global newspaper

# metro



CALGARY • TUESDAY, SEPTEMBER 29, 2009 metronews.ca

Every minute of every day, someone needs blood.

Please call  
**1 888 2 DONATE ext.222**

  
 Canadian Blood Services  
 it's in you to give

**BLOOD.CA WITH 1 888 2 DONATE**

## No suspects sought in deaths of father, son

**INVESTIGATION** Police aren't searching for suspects in Sunday's unexpected deaths of a 39-year-old man and his 11-year-old son in Edmonton.

The man's common-law wife called police around 12:45 on Sunday afternoon after she couldn't reach him. Police discovered the bodies in the basement of the family home shortly thereafter.

The case is not being investigated as a homicide.

Autopsies for both the father and son are scheduled for today at 1:30 p.m.

The names of the deceased will not be released or published at the request of the family, and to protect the identities of the family's other children.

METRO CANADA

**News on the Move**

**What's this barcode for?**  
 Learn how to scan the barcode with the instructions at the top of pg 3



## Metro Goes Pink

In support of October as Breast Cancer Awareness Month, Metro Canada has gone pink. Check out our special report on Breast Cancer Awareness on page 15, as well as page 3 in our local news section.

**On the web**

VISIT METRONEWS.CA FOR YOUR METRO NEWS UPDATES THROUGHOUT THE DAY



Hockey great Theoren Fleury announces his retirement from the sport during a news conference in Calgary yesterday.

# Fleury says goodbye

'I don't have anything left to prove to myself,' says fan favourite

KRISTA SYLVESTER  
 krista.sylvester@metronews.ca

**The fairy-tale comeback is over and number 14 is "leaving it better than he found it."**

Local hero and fan favourite Theo Fleury, 41, hung up his skates as a proud Calgary Flame in an emotionally charged press conference yesterday, three days after he was released by the hockey club.

"As I left the Saddledome Friday, I knew that this part of my life had finally come

to an end. The emotions I felt were those of someone who left it all on the table," Fleury said as he read from a prepared statement with wife, Jennifer, at his side.

Fleury, who battled alcoholism during his career, attempted his comeback after being reinstated by the league shortly before the start of the Flames' training camp. He had four points in four pre-season games, even scoring a shootout winner against the New York Islanders.

"As I say goodbye today, I am at peace. I don't have

## Career highlights

- Drafted by Flames in 1987.
- Helped lead team to Stanley Cup in 1989.
- Had 51 goals, 53 assists in 1990-1991 season, a career high.
- 1,088 career points.

anything left to prove to myself," he said.

An emotional Fleury thanked his parents, two brothers, wife and four children, and he also had a strong message for his fans.

"How many athletes can say they left the playing field to a standing ovation? I want you all to know I could not sign with another team. I get to retire as a Calgary Flame."

Fleury said he will spend time with his family and focus on his upcoming book tour, but he also discussed with the Flames a role in the organization.

"Getting the opportunity to retire as a Calgary Flame is what everybody wanted to see. They gave me an amazing opportunity to live out this lifelong dream."

## Tories set to survive confidence decision

**OTTAWA** They're huffing and puffing, but it appears the Liberals don't have the strength to blow down the Harper government.

The Liberals introduced a motion yesterday aimed at toppling the minority Conservatives and forcing an election, but it's almost certain the Tories won't fall any time soon.

That's because NDP Leader Jack Layton has indicated his party won't support the Liberal motion in Thursday's vote, guaranteeing the government's survival.

The motion states simply: "That this House has lost confidence in the government."

Liberal Leader Michael Ignatieff accused Prime Minister Stephen Harper of playing games with the numbers in yesterday's economic report card.

He said Harper boasted that 90 per cent of stimulus cash has been committed, while only 12 per cent of projects are actually underway.


"The issue for us is just basic trust with what this government is saying to us," Ignatieff said.

"We're tired with this kind of game playing. We wanted real accountability, we wanted a government that tells Canadians the truth."

The Bloc Québécois has said it will support Thursday's non-confidence motion. **THE CANADIAN PRESS**

**ShareYourViews**

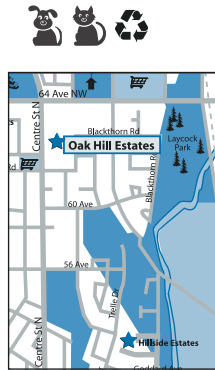
calgary.letters@metronews.ca



**YEAR-END INVENTORY CLEARANCE!**  
**Unbelievable Savings on all 09 RVs and Cargo Trailers!**  
**Hwy 2 North, west side of Balazac, AB**  
 (located kiddy corner from the new Crossiron Mills)  
**1-866-279-5200**  
**www.rangelandriv.com**

**WIN**  
 a Family Weekend  
 RV Experience\*  
 go to:  
[www.rangelandriv.com/promo](http://www.rangelandriv.com/promo)

# When was the last time you saw rent this cheap?!!



## Oak Hill Estates

- \$949 for 2 bedroom townhomes\*

**6440 Centre St. NE**  
**403-215-2454**



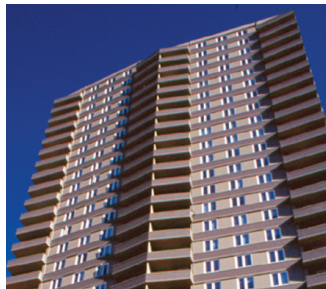
## Patrician Village

- \$859 for 1 bedroom apartments\*

**L208-1919 University Dr. NW**  
**403-531-9180**

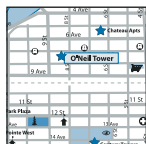


**www.bwalk.com**



## O'Neil Tower

- \$899 for 1 bedroom apartments\*



**700 - 9 St. SW**  
**403-215-9443**



## Centre Pointe West

- \$1199 for 2 bedroom apartments\*

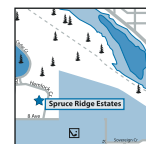


**1313 - 13 Ave. SW**  
**403-508-0865**



## Spruce Ridge Estates

- \$1199 for 2 bedroom apartments\*



**3380C Spruce Dr. SW**  
**403-215-8762**

# DON'T MISS OUT, ENDS SOON!!

\*Available on select suites only on 12 month lease, valid for new move ins. Application and lease must be completed by September 30, 2009 and move ins must occur by October 15, 2009.

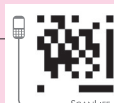


**News on the Move**  
IN THREE EASY STEPS

**1** DOWNLOAD THE FREE SCANLIFE APPLICATION WITH YOUR SMARTPHONE AT 2DSCAN.COM

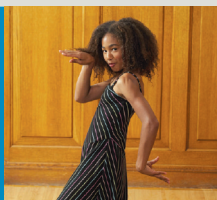
**2** USE THE SCANLIFE APPLICATION ON YOUR SMARTPHONE TO SCAN 2D BARCODES IN METRO

**3** THE CODES WILL DIRECT YOUR MOBILE BROWSER TO RELEVANT CONTENT AT M.METRONEWS.CA



**3**

# Local



## So You Think You Can Dance waltzing in

The National Tour for So You Think You Can Dance Canada will hit Calgary Dec. 2, bringing in the top 10 finalists from the hit television show. Tickets for the show go on sale Oct. 3 at 11 a.m., and are available through ticketmaster at ticketmaster.ca or 403-777-0000.

METRO CALGARY



### Calgary in brief

**CRASH** Police have arrested a man after a stolen truck crashed into a northeast duplex and ruptured a gas line early yesterday morning. The man was arrested while running away from the crash scene and police are seeking another suspect. No one was injured in the incident.

**HEARING** Calgary city council unanimously passed a motion yesterday calling on the provincial government to hold a public hearing on Bill 50. Ward 13 Ald. Colley-Urquhart presented the motion and said the public should have a say on a proposed \$15-billion electricity transmission line upgrade.

METRO CALGARY

### Calgary tweets

• @aaronchernoff  
Theo Fleury, you are an inspiration to us all, glad to see you retire as a Calgary Flame  
• @Steve\_Dangle  
Theoren Fleury retires a Calgary Flame. Too bad he was cut, but he leaves the game with dignity.

• Find out what we're up to! Follow Metro Alberta publisher @steveshrout or Metro Calgary managing editor @Darren\_Krause

ADVERTISE TODAY!  
1 888 91 metro (63876)

## 'So many people are affected'

Breast cancer survivor shares her battle to overcome disease

### SunnySide

KRISTA SYLVESTER  
krista.sylvester@metronews.ca

**In her world, the boy gets the girl, the hero beats the villain and breast cancer is no more.**

That's the world eight-year breast cancer survivor Brenda Moon wants to live in and she believes it's possible if people continue to come together in the fight against breast cancer.

"With the strides made in technology and healthcare field, I am one of the many cancer patients who survive today. Yes, we are winning the battle," she said.

Moon, who is also a Canadian Breast Cancer Foundation survivor spokesperson, said the worst part of learning she had breast cancer was telling her parents, who in their time were used to the disease becoming a death sentence.

"My mother was very



Breast cancer survivor Brenda Moon spends time with one of her horses, Skoal. Moon believes advances in health care and technology will help thousands more get a new lease on life, like she did.

emotional, as I expected, and my father was very pragmatic. I am so thankful they lived long enough to see the successes we are experiencing in diagnosing and detecting this disease."

Moon credits a routine mammogram with giving her a chance for breast conserving surgery and hopes other women go for regular checkups.

m.metronews.ca



Scan this barcode for more local news on your smartphone. Learn how to scan the barcode with the instructions at the top of this page

"My mantra is 'early detection is key — don't delay — book that mammo-

gram today.'"

While Moon is one of the many survivors today, she says there are still thousands who are affected by cancer and lose their loved ones. "Events like the run this weekend are so important because so many people are affected by this disease and anything we can do to bring the numbers down is important."

## City council giving green light to Race City

MEREDITH O'HARA  
for Metro Calgary

**TRACK** Calgary race car drivers are a big step closer to keeping their racetrack.

City council approved a recommendation for the city to enter into negotiations for a new lease agreement with Race City until 2015.

"They are, I believe, an

asset to the city," said Ward 12 Ald. Ric McIver adding keeping the facility open will "keep the streets safer."

McIver said this gives Race City time to find a new location and build a new track.

"A majority of city council today said we want Race City to live for another five years," he said.

The motion, which

passed by a 8-7 vote, was amended and will require Race City to restore the land to its original state at the end of the lease and cover the cost of traffic control during special events.

"We can plan on racing for the next five years," said Chris Paavola, president of the Calgary Oval Racing Association, adding Race City still has to nego-

tiate the lease before their future is certain.

"This is one small step ... but for the Calgary Oval Racing Association we're extremely happy," he said yesterday.

Mayor Dave Bronconnier said the decision was "unfortunate."

He said the land was bought for use as a landfill and now it's going to be needed back.

## Development fee plan gets nixed

MEREDITH O'HARA  
for Metro Calgary

**COUNCIL** A plan to drastically increase fees to appeal development plans in Calgary failed to get approval from city council yesterday.

The changes to the appeal fee for submissions to the Subdivision and Development Appeal Board would have meant a \$50 fee for residential appeals, a \$200 fee for all sign, subdivision appeals, enforcement order and non-residential appeals.

City administration had requested the current \$25 non-refundable fee be increased to between \$50 and \$100, to offset costs of processing appeals. The finance committee put forward the fees voted on by council.

"My concern was that the fees were increased so dramatically that it would prevent legitimate appeals from going forward because people couldn't afford them," said Ald. Druh Farrell.

metronews.ca

WHAT'S ONLINE TODAY

**Video** Even in quarantine, Cirque founder and 'space clown' Guy Laliberte can't resist the urge to perform at metronews.ca/canada  
**Movies** Showtimes, trailers, reviews and ticket purchasing at metronews.ca/movies  
**Play** online games at metronews.ca/play



# Join now & get 1 MONTH FREE!

**Hurry**  
offer ends  
TOMORROW!

**310-TRIM**

FIFTH AVENUE PLACE 237-5171 • EDMONTON 239-4048 • SOUTHPORT 278-5116 • RICHMOND 240-1555 • SUNRIDGE 590-9250  
BAY CLUB 265-3444 • MACLEOD TRAIL 974-0300 • MIDNAPORE 201-7677 • NORTH HILL 284-4597

\*Valid on 1 & 2 year memberships. \$35 processing fee applies.

Also 5 great clubs in Edmonton! [www.worldhealthclub.com](http://www.worldhealthclub.com)



CELEBRATING

WORLD HEALTH CLUB

25 YEARS

Calgary city council gave approval yesterday to a requested \$1.32 million for 12 new peace officers. The money will also pay for two new transit staff members in 2010. The money will still have to be approved in November when budget adjustments are debated. **METRO CALGARY**

# Plan-It 'compromise' doesn't please everyone

**After extensive public and private-sector scrutiny, the city's Plan-It document passed, but with amendments that left some community groups fuming.**

Though numerous amendments were added and debated during yesterday's city

council meeting, it was the change to the intensity thresholds for new communities that surprised many.

In the revised document presented by city administration, the number had been changed from 70 people per gross developable hectare to 70 people or jobs for the

same area. The amendment passed by council yesterday was a further compromise.

The plan now sets a minimum threshold of 60 people or jobs per hectare.

"This is a major change and massively waters down the proposal," said Neheed Nenshi, a volunteer with the

Better Calgary Campaign, in an open letter to council yesterday. "Indeed, this change means that new communities under the plan would actually be significantly less dense than neighbourhoods being built today."

Many neighbourhoods currently under develop-

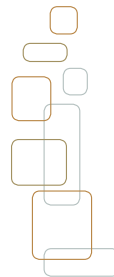
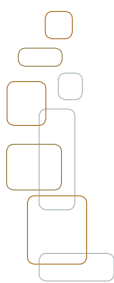
ment do already meet the Plan-It threshold but Mayor Dave Bronconnier said the new minimum was a compromise between what developers and community groups wanted.

"I guess that's what the art of politics is all about, finding that middle ground,

that compromise that achieves the over-arching goal," said Bronconnier, adding the plan is about more than just one number.

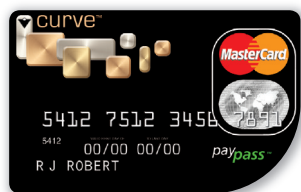
"In it's entirety I believe it responds to where we are going as a city," Bronconnier said.

**MEREDITH O'HARA/  
FOR METRO CALGARY**



## stand out from the crowd

at the 52nd GRAMMY® Awards!



No annual fee



JANUARY 31, 2010 • 8PM ET/PT

### You could win a trip to the GRAMMY®s!

Get your chance to walk the red carpet compliments of MasterCard®. There are two easy ways to enter:

- **Use the Curve™ MasterCard®** to automatically enter the contest.<sup>1</sup>
- **Submit a video** at [thecurvecard.com/calgary](http://thecurvecard.com/calgary) showing us how you stand out.

If you win, you'll receive a professional makeover, walk the red carpet, attend the GRAMMY® Awards, get access to the after-party and much more!

### You'll always arrive in style with a card as unique as you

The sleek new Curve MasterCard earns you up to 1.5% cash back on all your purchases.<sup>2</sup> You'll enjoy the freedom to reward yourself how you choose.

### Apply today at [thecurvecard.com/calgary](http://thecurvecard.com/calgary)

Or call 1-800-961-1151 (Quote promo code 2000)

<sup>1</sup> Simply use the Curve™ MasterCard® between September 15, 2009 and November 20, 2009 to be automatically entered for a chance to win. You will automatically receive 10 entries into the contest every time you use your card to make an eligible purchase between September 15, 2009 and November 20, 2009. You will receive 10 entries for a video submission with the possibility of 150 more entries if your video is selected for uploading and voted for. Canadian Tire Bank reserves the right not to accept for submission any videos it considers inappropriate or not in compliance with contest guidelines. No purchase necessary. Visit [thecurvecard.com/calgary](http://thecurvecard.com/calgary) for details on no purchase necessary entry. There is one (1) grand prize GRAMMY® Prize package (CAD\$15,000 estimated value) to be awarded to the winner of the contest draw, and one (1) CAD\$500 credit to the Curve MasterCard, or a Canadian Tire gift card loaded with CAD\$500, will be awarded to the person who receives the highest number of votes for their video submission. Full contest details available online at [thecurvecard.com/calgary](http://thecurvecard.com/calgary). Contest closes November 20, 2009. Skill testing question required. Odds of winning depend on the number of eligible entries received.

<sup>2</sup> Some conditions apply. See Cash on the Curve™ Rewards Program Terms and Conditions for details.

The Canadian Tire Curve™ MasterCard® is issued by Canadian Tire Bank pursuant to a licence by MasterCard International.

©/TM The trademarks of Canadian Tire Corporation, Limited are used under licence.

©/TM MasterCard and the MasterCard Brand Mark are registered trademarks, and PayPass is a trademark, of MasterCard International Incorporated.

GRAMMY, GRAMMY Awards and the gramophone logo are registered trademarks of The Recording Academy and are used under licence.



## NDP to hold health-care meetings

**PROVINCIAL** Alberta New Democrats are to begin public meetings this week on health care in response to government spending cuts.

NDP Leader Brian Mason said his party is giving people a chance to be heard at meetings that start today in Calgary.

"We're looking not just for criticisms of the government, but for positive ideas that can make our health-care system better, more accessible and more affordable," Mason said yesterday.

Meetings are also planned in Edmonton, Red Deer, Grande Prairie, Lethbridge, Medicine Hat and Fort McMurray.

Premier Ed Stelmach's Progressive Conservative government has been making dramatic changes to health care without consulting Albertans, Mason said.

Concerns have grown since the government announced it plans to mothball hundreds of hospital beds and close nearly 250 beds at Alberta Hospital Edmonton, the province's largest mental-health facility.

Stelmach also confirmed last week that long-term-care beds may close, but so far the government has not provided specifics.

**THE CANADIAN PRESS**

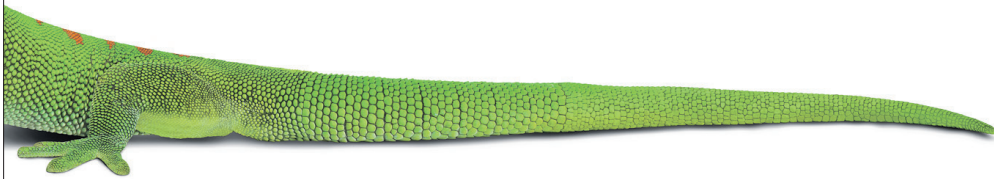
## Calgary in brief

**FINE** A Vancouver businessman was ordered by a Calgary judge to pay the Calgary Food Bank \$5,000 for smuggling 329 bottles of fine wine into Canada almost three years ago. Delbert Synn Yap has until the end of a six-month probation to make the payment and he will avoid a criminal record in doing so.

**ARRESTED** A woman wanted on a Canada-wide warrant for failing to abide by her statutory release conditions has been arrested. Jacqueline Leona Rosin, 30, was arrested Saturday in Edmonton by the Edmonton police. Rosin is serving a three-year sentence for aggravated assault. She failed to return to her Calgary halfway house last week, which led to a warrant being issued. **METRO CALGARY**



# Hurry, this won't last long.



## Get High Speed for an amazing price.

# \$10<sub>/mo.\*</sub>

For 1 year in a bundle

For a limited time, sign up and get:

- TELUS security services
- 24/7/365 support
- No contracts

Sign up today and get your first month FREE.†



Call 310-4NET or visit [telus.com/gethighspeed](http://telus.com/gethighspeed) or your nearest TELUS authorized dealer.

#### TELUS AUTHORIZED DEALERS

##### Northwest

Market Mall  
North Hill Mall  
Northland Mall

##### Northeast

Sunridge Mall  
Deerfoot Mall  
Marlborough Mall  
511 - 500 Country Hills Blvd. NE  
Calgary Airport

##### Southwest

Chinook Centre  
Southcentre Mall  
TD Square  
Bankers Hall  
Westbrook Mall  
237 - 255 5th Ave. SW  
203 - 321 6th Ave. SW  
245 - 225 7th Ave. SW

##### Southeast

856 - 33 Heritage Meadows Way SE

Offer available until November 4, 2009, to new clients who have not signed up for TELUS High Speed Internet services in the past 90 days. \*Offer available when you choose TELUS High Speed Lite and combine it with one or more other TELUS home services. New High Speed Lite clients receive an additional \$10 off the regular price each month in months 2-12. Regular bundled rate of \$20/month starts on month 13. An additional \$5/month will apply to monthly plan rates for High Speed clients who are not on a TELUS home bundle. †1 month of new service available for free to clients who combine TELUS High Speed with one or more other TELUS home services. © 2009 TELUS.

The Federal Court of Canada is being asked to step into a dispute between pilots at Air Canada and the Canadian Human Rights Tribunal. At issue is a tribunal decision that called into question the retirement age provision of the collective agreement between the Air Canada Pilots Association and the airline. **THE CANADIAN PRESS**

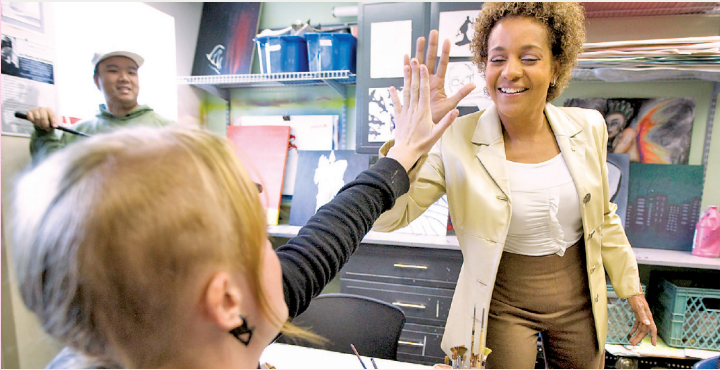
# Canada



## Teen's murderer sentenced to life

A 19-year-old man who pleaded guilty to killing a 14-year-old girl because of his girlfriend's intense jealousy was handed an adult sentence of life with no chance of parole for 10 years yesterday. David Bagshaw was just shy of his 18th birthday when he murdered Toronto teen Stefanie Rengel, left, on New Year's Day 2008. He pleaded guilty earlier this year to first-degree murder while his girlfriend at the time, Melissa Todorovic, now 17, was sentenced as an adult in July to life with no chance of parole for seven years. **THE CANADIAN PRESS**

## Vancouver High five



Gov.-Gen. Michaëlle Jean, right, gives a high-five to Sharon Small, during a visit to a youth centre in downtown Vancouver yesterday. The Governor General took the time to meet with youth and even spent time taking part in an art class with them.

## News in brief

**LAW** Canada's top soldier in Afghanistan pulled no punches at a hastily called meeting with Afghan village elders yesterday after an IED attack sent another

Canadian soldier to hospital. Brig.-Gen. Jonathan Vance, the commander of Task Force Kandahar, immediately demanded a meeting with village elders,

to ask why villagers, who have benefited from Canadian aid and protection, didn't warn them about the bomb. **THE CANADIAN PRESS**

## Two Canadians dead in Puerto Vallarta

Gunmen shot pair at close range, report says

**Two Canadian men have been killed by gunmen at a Puerto Vallarta condominium, a Mexican news website reported yesterday.**

Noticias Puerto Vallarta said both men, identified as Gordon Douglas Kendall and Jeffery Ronald Ivans, were shot to death at close range early Sunday morning.

The report said one of the men was shot in the pool area of the condo while the second was shot near his room.

Both were shot several times, first by one gunman and then by a second who fired at close range as they lay wounded on the

ground. The gunmen fled in two cars.

Police later found three vehicles registered to the victims, a pickup truck with Canadian plates, a Hummer and a Mercedes Benz with Mexican plates.

Canadians have been at the centre of several violent incidents in Mexico over the past few years.

Earlier this month, Renee Wathelet, 60, of Montreal was found stabbed to death in her apartment on an island off the tourist haven of Cancun. Police later arrested a 24-year-old boatman.

In 2006, Dominic and Nancy Ianiero of Woodbridge, Ont., were found

m.metronews.ca



Scan this barcode for more Canada news on your smartphone. Learn how to scan the barcode with the instructions at the top of pg 3

dead at a five-star resort near Cancun in a case that remains unsolved.

Mexican authorities named two women from Thunder Bay, Ont., as suspects in the killings, but they were later cleared.

In January 2007, Adam DePrisco, 19, was killed outside an Acapulco nightclub. **THE CANADIAN PRESS**

# Lust Conquers All.

**The 2010 Chevrolet Camaro.** Standard 304 horsepower, V6 engine. Plus you get the best coverage in Canada – 5 Year/160,000km powertrain component warranty including roadside assistance and courtesy transportation.<sup>Δ</sup> And if you don't love it, our 60-Day Satisfaction Guarantee lets you bring it back.<sup>‡</sup> Put us to the test against anyone. And may the best car win. Visit [chevrolet.gm.ca](http://chevrolet.gm.ca).



**CHEVROLET**  
**MAY THE BEST CAR WIN.**



Chevrolet Camaro

<sup>Δ</sup>Whichever comes first, see your dealer for details. <sup>‡</sup>Return between 30-60 days with less than 4,000km. Vehicle usage fee and other restrictions apply. Take retail delivery by 11/30/09. \*Chevrolet is a brand of General Motors of Canada, the Official Vehicle Partner of the Vancouver 2010 Olympic and Paralympic Winter Games. TM © 2009, VANOC. Used under Licence.





**Alleged Ponzi victims show up to court for protest**

Supposed victims of accused fraudster Earl Jones waved signs and chanted slogans outside a Montreal courthouse yesterday. **THE CANADIAN PRESS**

canada 7

# B.C.'s 'prince of pot' surrenders

**After flouting marijuana laws for decades, British Columbia's so-called prince of pot turned himself in to authorities yesterday to face extradition to the U.S.**

But Marc Emery was defiant until the end.

"Plant the seeds of freedom. Over grow the government everyone," Emery yelled as he was led away by sheriffs at the B.C. Supreme Court in downtown Vancouver.

His wife Jodie Emery wept during the short court process where Justice Anne MacKenzie committed Emery for surrender to

**"I'm proud of representing the cannabis culture."**

Marc Emery

the United States.

Earlier this month, Emery reached a plea agreement to serve a five-year prison term for selling marijuana seeds to American customers. The next step is for the federal justice minister to order his surrender.

But before he surrendered himself, Emery told supporters and a horde of media outside the court

that he was hopeful the minister wouldn't approve the extradition.

If that doesn't work, Emery is hoping he'll be transferred to serve his time at home under an agreement between Canada and the United States that allows prisoners to serve their time in their home countries.

He doesn't deny selling the seeds to U.S. customers — in fact, he said he did so deliberately.

"I'm proud of representing the cannabis culture," he told the crowd outside the courthouse.

**THE CANADIAN PRESS**

## Funding rejected for sex offender program

**OTTAWA** A program that helps keep convicted sex offenders from committing more crimes is in limbo after being told its funding request has been rejected by the federal gov-

ernment.

But a spokesman for Public Safety Minister Peter Van Loan said yesterday that no decisions have been made. The program, Circles of Support and Ac-

countability, was seeking \$1.5 million annually for five years, with what program head Andrew McWhinnie said was the full support of the federal crime prevention centre. **THE CANADIAN PRESS**

## Go Ahead. Launch Your Life!

If you're looking for a new career, this is the place for you. Learn everything you need to choose your career programs of study, and get on your way to a life you want. Academy of Learning gives you lots of choices and flexibility. Get in the workforce quicker in less than one year.

**Call Today, and Start Training Right Away!**

- Business Administration
- Medical Office Assistant / Unit Clerk Specialty
- Government of Alberta Health Care Aide
- Dental Administrative Assistant
- Retail Pharmacy Technician
- Office Administration
- Computerized Payroll Accounting
- Web Designer
- Network Administrator
- PC Support Specialist
- Business Office Skills
- Payroll Administrator
- and more!

\* May not be available at all locations.

Financial Assistance may be available to those who qualify!



**Academy OF LEARNING**  
Career and Business College

www.academyoflearning.ab.ca

**Calgary Northeast Campus**  
#260, 495-36th Street NE  
**Call Today! Ph. (403) 569-8973**

## Are you still overpaying For your Home Phone Line?

### HOME PHONE LINES

ENHANCED	UNLIMITED CANADA	ONE-RATE	GLOBAL
<b>\$14.95</b> /MONTH UNLIMITED LOCAL CALLING	<b>\$19.95</b> /MONTH UNLIMITED CALLING TO CANADA	<b>\$29.95</b> /MONTH UNLIMITED CALLING TO CANADA & U.S.A.	<b>\$39.95</b> /MONTH UNLIMITED CALLING TO 25 COUNTRIES!
ALL FEATURES FREE	ALL FEATURES FREE	ALL FEATURES FREE	ALL FEATURES FREE

**ALL FEATURES FREE!**

**FREE!** Voicemail  
**FREE!** Caller ID  
**FREE!** Call Waiting  
**FREE!** Call Forwarding

And Much More!

**LIMITED TIME OFFER**

ONLY **\$19.95** /MONTH  
For the First 3 Months

**UNLIMITED CALLING TO INDIA**

- All Features FREE
- UNLIMITED calling to Canada & USA + 25 countries



**FREE**

Cordless Phone System with your Comwave Home Phone



**3 Handset Cordless Phone System**

- Interference free
- VoiceMail Indicator
- Speaker Phone
- Caller ID/Call Waiting



**comwave**

**403-451-5800**

While Comwave strives for accuracy in its advertising, Comwave reserves the right to correct any error in pricing or information at any time. HOME PHONE LINES: VoIP 911 has certain limitations versus traditional 911. The Rate of 19.95 for unlimited calling to India is a promotional rate available for the first three months, after three months the rate is 44.99 per month. The Global Home Phone plan and Unlimited Calling to India are limited to 3000 minutes per month. Excess minutes used will be billed at 3.99 cents per minute. The rates are based on a 3 year term. Satisfaction Guaranteed within 90 days. If you are not 100% satisfied, you may cancel your home phone service no questions asked. By accepting the free cordless phone set, you commit to a 3 year term and waive the Satisfaction Guarantee period. Coupon must be redeemed in 120 days from date of activation. Terms and conditions apply, see www.comwave.net for details



British Treasury chief Alistair Darling said yesterday that annual bonuses for bank executives will be outlawed in an attempt to curb excessive risk-taking in the country's huge financial sector. **THE ASSOCIATED PRESS**

# World



## Iran caps 2 days of sabre-rattling

Iran tested its most advanced missiles yesterday to cap two days of war games, raising more international concern and stronger pressure to quickly come clean on the newly revealed nuclear site Tehran was secretly constructing. State television said the Revolutionary Guard successfully tested upgraded versions of the medium-range Shahab-3 and Sajjil missiles. Both can carry warheads and reach up to 2,000 kilometres, putting Israel, U.S. military bases in the Middle East, and parts of Europe within striking distance. **THE ASSOCIATED PRESS**

## Hollywood rescue for Filipina actress

A popular Philippine actress cried out for help from a rooftop as a tropical storm roared and floodwaters rose menacingly. Then an actor emerged from nowhere on a speedboat and swept her to safety.

A romantic scene from a movie? No, it was the real-life travails of young actress Christine Reyes. Her rescue by movie and TV heartthrob Richard Gutierrez as Tropical Storm Ketsana raged across the northern Philippines was one of the happier moments of last weekend's

disaster that left at least 240 dead and tens of thousands homeless.

As the storm blew and set off the worst flooding in Manila in more than four decades, Reyes climbed to the roof of her two-story house in upscale Provident village in hard-hit Marikina city on Saturday with her mother and two young children. Marooned for hours, she made a frantic call for help to ABS-CBN TV network with her mobile phone. Gutierrez, a close friend and Reyes' co-star in an upcoming movie, heard of her plight, borrowed an army speedboat and went to the rescue. Reaching Reyes' house, he struggled to tie the boat to a tree amid the churning waters, climbed into her house



Christine Reyes

### Recovery

• Rescuers pulled more bodies from swollen rivers and debris-strewn streets to bring the death toll to 240 last night as residents dug out their homes from under carpets of mud.

and eventually whisked her to safety.

"I thought it was our ending but I did not lose hope," Reyes said, thanking Gutierrez. "Let us help those who have not yet been rescued."

About 8,000 people have been rescued by troops and civilian volunteers from rooftops and isolated villages. At least 32 people remain missing. The houses of more than 450,000 people were inundated in the storm, which dumped more than a month's worth of rain in just 12 hours.

**THE ASSOCIATED PRESS**

m.metronews.ca



Scan this barcode for more World news on your smartphone. Learn how to scan the barcode with the instructions at the top of pg 3

### News in brief

**VENEZUELA** Moammar Gadhafi and Hugo Chavez are strengthening their relationship and finding common ground as two

radical military men who both want to challenge the "imperialism" of wealthy nations. The Libyan and Venezuelan leaders

were expected to meet one-on-one yesterday, although no public events were announced.

**THE ASSOCIATED PRESS**

## Honduras Civil liberties suspended



Fabiola Carcamo, 28, stands in front of police during a demonstration in support of ousted Honduran President Manuel Zelaya yesterday. Honduras' interim government has suspended constitutionally guaranteed civil liberties in a pre-emptive strike against widespread rebellion.

## Beer caning upheld

**MALAYSIA** A judge in Malaysia has upheld a court verdict to cane a Muslim woman for drinking beer, news reports said yesterday, re-igniting a controversy over Islamic justice in this moderate Muslim-majority country.

National news agency Bernama said the chief Shariah judge of Pahang state ruled that a Shariah High Court's verdict against Kartika Sari Dewi Shukarno, 32, was correct and should stay. If the punishment is carried out, Kartika would become the first Muslim woman to be caned in Malaysia.

No date was immediately set for the caning. Kartika, a former model and nurse, was sentenced in July to six strokes of the cane and a fine of \$1,400 US for drinking beer in 2007. Islam forbids Muslims from drinking alcohol.

Kartika, who pleaded guilty, refused to appeal her sentence and was on the verge of being caned on Aug. 24.

But the punishment was halted at the last minute following an uproar in the media and among rights activists.

**THE ASSOCIATED PRESS**

## Investigators exhume bodies

**KASHMIR** Forensic experts exhumed the bodies of two slain Kashmiri women yesterday in an investigation aimed at defusing the latest tensions plaguing the Himalayan region. Many in Muslim-majority Kashmir accuse Indian security forces of raping and murdering the women. Three suspected militants and a civilian were killed yesterday in a shootout with security forces. **THE ASSOCIATED PRESS**

Queen Rania/Wendi Murdoch/Indira Nooyi columns online at: [metronews.ca/world](http://metronews.ca/world)

THE GREATER INTEREST GIC

2.00%\*

18 month RRSP / RRIF / TFSA GIC

\* Rate subject to change without notice. Available for a limited time only. Interest is compounded annually, paid at maturity. Some restrictions apply. See branch for details.

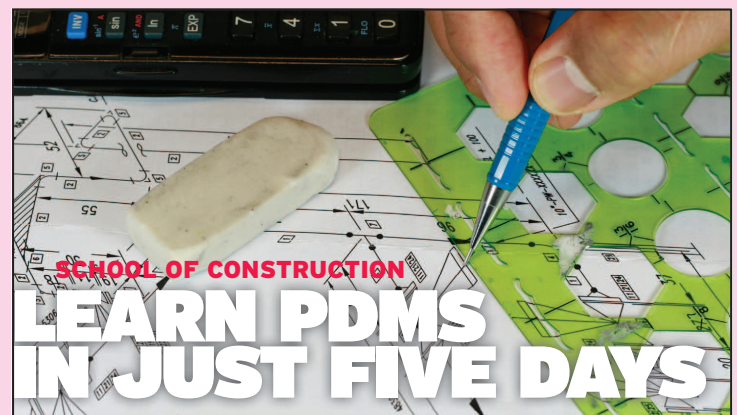
THE MORE YOU INVEST, THE MORE LOCAL KIDS BENEFIT.  
IN SUPPORT OF YOUR LOCAL BIG BROTHERS BIG SISTERS



CANADIAN WESTERN BANK  
Member of CDIC

Calgary Main 403-262-8700 • Foothills 403-269-9882 • S. Trail Crossing 403-257-8235  
Chinook Station 403-252-2299 • Northeast 403-250-8838

[www.greaterinterest.ca](http://www.greaterinterest.ca)



SCHOOL OF CONSTRUCTION  
LEARN PDMS  
IN JUST FIVE DAYS

Don't get left behind. Improve your drafting skills and your resumé with the AVEVA PDMS Fundamentals (ENG0175) seminar from the School of Construction.

- Learn to create and manipulate 3D models of all significant parts of a process plant
- Intensive 5 day course maximizes learning time
- Use leading edge software used by oil and gas companies worldwide

Date: October 19 - October 23, 2009

Space is limited

REGISTER TODAY AT [SAIT.CA](http://SAIT.CA) OR CALL 403.284.7248

CONTINUING EDUCATION

FURTHER  
YOUR  
PASSION





# CLINIQUE BONUS FINAL DAYS!

Ends Saturday, October 3rd

## Your choice. Pick your gift!

**FREE** with any **CLINIQUE** purchase  
of **\$26.50 or more (Value \$70\*)**

**Pick your gift of CLINIQUE A.M. or P.M. beauty favourites.**

Try Superdefense Age Defense Moisturizer SPF 25, skin's most complete defense against the visible signs of aging in a moisturizer.

Or opt for Super Rescue Antioxidant Night Moisturizer, to help prevent visible signs of aging while you sleep.

Plus enjoy other most-requested skin care and makeup treats so you look pretty by day or dressed up for night.

Take your pick at **CLINIQUE BONUS** now.

### ONLY AT THE BAY



Pretty Days

Choose from:

“Pretty Days” with  
Superdefense Age  
Defense Moisturizer  
SPF 25

OR

“Dressed-up Nights”  
which includes Super  
Rescue Antioxidant  
Night Moisturizer

Dressed-up Nights

May we suggest:

Great time to try Even Better™ Skin Tone Corrector.

This lightweight serum creates - for all skin tones - a notably more even complexion with a brightness you thought long gone. Gently, visibly, measurably improves the look of discolourations and dark spots to create a more even tone. Even Better Skin Tone Corrector, 30 mL \$53



\*One gift per person while quantities last.  
Values are based on our per mL and/or g price for regular-sized products.  
Offer ends October 3, 2009.

the **Bay**

# Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

METRO CANADA: TORONTO | OTTAWA | MONTREAL | HALIFAX | EDMONTON | CALGARY | VANCOUVER

## Comment

# PM may want election

## NationalReport

**Lawrence Martin**

metronews.ca/nationalreport

Stephen Harper keeps insisting he doesn't want an election. He repeated it yesterday when delivering an economic update in New Brunswick.

But down deep, is that what he is really thinking? The way the scales have tipped in his favour the last few weeks, he finds himself in position to make a good run for a majority government. We shouldn't be surprised, given his craftiness, if he brings forward measures that make it extremely difficult for the New Democrats — the only party propping up his government — to continue to support him.

The PM's only weak spot is in Quebec. He got a lift there yesterday with the

embarrassment inflicted upon the Liberals with the resignation of their Quebec lieutenant, Denis Coderre. Up until now one thing that could be said about Michael Ignatieff's leadership is that, in comparison to Stéphane Dion, he brought discipline to the Liberal party. Now even that is in doubt. Iggy is being called lffy.

The prime minister's report on his stimulus plan yesterday was vague, perhaps deliberately so, perhaps intended to get the opposition parties more worked up. The government continues to claim the vast majority of its motherlode of stimulus projects is underway. The opposition insists the number is a paltry 12

per cent. The government's Building Canada website doesn't help clear up the discrepancy. It's a jumble, suggesting the opposition might have a point.

The Conservatives have spent \$34 million in taxpayer money promoting their economic action plan. When the media found no less than 40 photos of Harper on the action plan website, making it look like the money was being blatantly used for political purposes, the Prime Minister's Office staged a guilty-looking retreat and had the photos removed. Yesterday in the Commons, Transport Minister John Baird was at pains to dodge questions on the matter, giving a total non-an-

swers.

No matter. The Conservatives are in the driver's seat.

A poll released yesterday showed that by a wide margin — 48 per cent to 30 per cent — Canadians believe the country is headed in the right direction.

That's quite a compliment for the government when you consider the economic hard times, the burgeoning deficit, the government's doddling approach to the environment and the downward direction of the war in Afghanistan.

On the face of it, Canadians don't really have much reason to be upbeat. But when they look around, when they look at the stumbling Liberals, when they look at the problems in the United States and other countries, they don't feel so bad. Harper knows this. What he says about the wisdom of holding an election should be taken with a grain of salt.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.



## LIBERAL UNITY



## Worth mentioning

# Countdown is on to reach climate deal: UN

The United Nations yesterday warned world leaders they have only 70 days to reach a new deal to limit global warming, while environmentalists pointed to the deadly floods in the Philippines to illustrate the already devastating impact of climate change.

**70**

out," UN climate chief Yvo de Boer said, with a clock nearby showing there were 70 days until world leaders are scheduled to meet in Copenhagen to finalize a pact. "As many leaders have said, there is no plan B."

Only hours after negotiations began, rich and poor nations were already flinging their usual rebukes at one another for failing to do their part to reach a deal to replace the Kyoto Protocol, which expires in 2012.

Talks have been dead-

locked for months over the industrial countries' refusal to commit to committing to sufficiently deep cuts or provide billions of dollars to poor nations to help them adapt to the impacts of climate change and transition to a low-carbon economy.

The major developing countries like India and China, in turn, have refused to agree to binding targets altogether and are leery of demands that any of their commitments be monitored and verified as part of any agreement.

THE ASSOCIATED PRESS

## Views

# There comes a time to eventually cut the cord

## ModernLife

**Georgie Binks**

metronews.ca/modernlife

I remember my dad asking me after university why I wasn't moving back to the family home in a cosy Ottawa suburb. An obnoxious 20-something, I chirped, "Can I have guys stay over?" "Of course not."

My parents took my departure well. Borrowing their station wagon, I hauled my junk to an apartment full of complete strangers, as desperate to be an adult as they were to be rid of their mouthy daugh-

ter. My dad only asked out of politeness.

All my friends fled their homes back then and their parents were equally ecstatic. So why, 30 years later, do parents want their adult children home so badly? And why do their kids remain?

Many kids can't escape because their parents, formerly "helicopter parents," hovering at school and soccer, have now graduated to "hostage-taking parents." Slinging weapons like home-cooked breakfasts, free laundry service and open invitations to sleep-over guests, they immobilize their prey.

Even when kids flee, they don't necessarily escape. Billy may head off for university, but mom has got

Windex and sponges and she's not afraid to use them. When my parents drove me to university in third year, they were so disgusted with the dump I was moving into (which included guys as well as girls), they ditched my furniture on the lawn and sped off. Windex?

An employer I know sometimes has to deal with irate mothers when he fires an employee. One professor had to meet with an entire family, grandparents et al, when he doled out a B to a student.

Not "cutting the cord" enables parents to hide from reality. Stay-at-home parents don't have to head back into the workforce, (understandably daunting if you've been out 20 years), if they have to cook Shawna

dinner. Couples can avoid tackling a relationship destroyed by too many mornings spent in hockey rinks and evenings under the Golden Arches if the kids are shackled up in the basement.

I remember moving to a new job in my 20s and sobbing into a pay phone, "Mom, the job's too difficult — I hate it here." Instead of telling me to come home, she replied, "I know you can do it, Georgie."

I could and did. And so could she. Not only did she return to work, but my parents have been having a hoot ever since, without using their kids as crutches.

Georgie Binks is a Toronto freelance writer who writes about gender and relationships; georgiebinks@rogers.com

## We Know What You're Thinking

**71%**

The number of Canadians who, when they read a book, read the introduction.



IPSOS REID

Tell us your views by email to [calgaryletters@metronews.ca](mailto:calgaryletters@metronews.ca) or comment on [metronews.ca](http://metronews.ca) or on Twitter @metrocalgary

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.



# GREAT SAVINGS AT THE BAY THIS WEEK

Tuesday, September 29th to Thursday, October 1st

**\$1400 OFF**  
**\$998**  
**SIMMONS**

Canada's Best  
Beautyrest  
Cranbrook tight-top  
queen mattress set  
Reg. \$2398

**ALSO, 60% OFF**  
All other **SIMMONS**  
Canada's Best Beautyrest  
mattress sets



**50% OFF**  
All bed-in-a-bag,  
comforter sets  
& duvet cover sets  
Excludes Calvin Klein & Mexx.

**ALSO, 30% OFF**  
**CHARTER CLUB®**  
500-thread-count damask,  
stripe or solid sheet sets



**\$99.99**  
**DISTINCTLY HOME**  
Asthma duvets  
Reg. \$149.99-\$219.99

**ALSO, 30% OFF**  
All other duvets, pillows  
& mattress pads by  
**DISTINCTLY HOME Gel,**  
**HOUSE&HOME™** &  
**GLUCKSTEINHOME**



**40% OFF**  
**MIKASA**  
Place settings

**ALSO, 20% OFF**  
**MIKASA**  
Open stock dinnerware



**50% OFF**  
**CORNINGWARE**  
French White  
12-pce. ceramic  
bakeware set  
Reg. \$99.99 Sale \$49.99

**ALSO, 40% OFF**  
All other **PYREX** &  
**CORNINGWARE** items



**40% OFF**  
**MIKASA**  
Stemware & giftware

**ALSO, 30% OFF**  
All other stemware  
& giftware  
Excludes Riedel.



**\$70 OFF**  
**\$89.99**

**HENCKELS INTERNATIONAL**  
Fine Edge Synergy  
13-pce. knife block set  
Reg. \$159.99

**ALSO, 25% OFF**  
All **HENCKELS**  
knife block sets,  
flatware & gadgets



**30% OFF**  
All women's cashmere  
sweaters by  
**JONES NEW YORK Luxe**  
Available in regular sizes only.  
Off our regular prices.



**25% OFF**  
**CALVIN KLEIN**  
Women's intimates, socks,  
pantyhose & tights and  
men's underwear, socks  
& sleepwear



**25% OFF**  
• Women's shoes by  
**NATURALIZER, ROCKPORT,**  
**CLARKS, LIFESTRIDE,**  
**EUROSTEP & FAIR SET®**  
• Women's fashion boots  
& shoes by **EXPRESSION,**  
**CORNIE, STYLE&CO.™,**  
**FERGALICIOUS, MARC FISHER**  
& **BANDOLINO**  
Off our regular prices.



**\$29.99**  
Men's dress shirts by  
**ARROW, GEOFFREY BEENE**  
& **KENNETH COLE**  
**REACTION**  
Reg. \$39.99-\$55  
**ALSO, 30% OFF**  
All other men's  
dress shirts & ties  
Excludes IZOD & Hudson Room.



**70% OFF**  
All luggage by  
**RICARDO BEVERLY HILLS**  
**Santa Barbara 3 & Legacy 3,**  
**AIR CANADA Frequent**  
**Flyer and DELSEY Volume**  
& **Destiny**  
Reg. \$62-\$250 Sale \$18.60-\$75  
Excludes items with 97¢ price endings.



**\$200**  
**COSATTO** crib, change  
table & dresser  
Reg. \$249.99-\$349.99  
**ALSO,**  
**\$100**  
**COSATTO** change table  
Reg. \$149.99

## CLINIQUE BONUS

On now until Saturday, October 3rd

**Your choice. Pick your gift!**  
**Pretty Days or Dressed-up Nights?**

Your choice, free with any CLINIQUE purchase of \$26.50 or more (Value \$70\*)  
Pick your gift of CLINIQUE A.M. or P.M. beauty favourites.

\*One gift per person while quantities last. Values are based on our per mL and/or g price for regular-sized products. Offer ends October 3, 2009.



ONLY AT THE BAY

the **Bay**

Selection will vary by store. Savings are off our regular prices, unless otherwise specified. Everyday Bay Value, just-reduced, Power Buys, Manager's Specials, licensed departments, Salvati, Vera Wang and Hbc Foundation charity merchandise are excluded. When you see "POWER BUY" or "Manager's Special" you will know we have found an exceptional deal to pass on to you. We may tell you the COMPARABLE VALUE on the price ticket and/or a sign, so you will see the price another retailer in Canada charges or would likely charge for the same or a comparable value item. Quantities of our Power Buys and Manager's Specials and items located in any "Style Outlet" in-store departments are limited and may vary from store to store - no rain checks or substitutions. When we say "PRICE CUT", we mean the existing everyday price is being lowered temporarily. See in-store for details.



Loblaws, Canada's largest grocery store chain, has closed the \$225-million acquisition of Richmond, B.C.-based T&T Supermarket Inc., Canada's largest retailer of Asian foods. T&T operates 17 stores in British Columbia, Alberta and Ontario. **THE CANADIAN PRESS**

# Business

DOLLAR	GAS	OIL	TSX
US 91.94¢ US 0.34¢	US \$4.83 US 11.8¢	US \$66.84 US 82¢	11,338.72 126.33

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## El claims drop for first time since October

**The number of people getting jobless benefits fell for the first time in almost a year in July and the number of new EI recipients declined for the second month, offering further evidence Canada's labour market is improving.**

July saw the number of workers on employment insurance benefits drop by 31,500 to 787,000, a 3.8 per cent decrease from June, Statistics Canada said.

The changes reflect in part the slowdown in job losses as the economy begins to grow again in the current summer quarter — after three quarters of economic shrinkage in the recession and the painful re-

structuring in Canada's auto and forestry industries that wiped out tens of thousands of jobs in the last year. But it was the decline in new entrants to the EI rolls that economists saw as the best signal of progress from the harsh jobs market of late last fall and early 2009.

### By the numbers

Canada's largest cities show the ratio of benefit recipients to the number of unemployed at well below the national average of about 50 per cent:

- Montreal — 37 per cent
- Ottawa — 30.5 per cent
- Edmonton — 36 per cent
- Toronto — 30.5 per cent
- Calgary — 39 per cent
- Vancouver — 37 per cent

Initial claims were down 8.5 per cent to 274,700 during the month, following a similar decrease in June,

Statistics Canada said.

"Less people are entering the system, so this is a good news story," said Millan Mulraine of the TD Bank.

"The pace of job losses we had a few months ago eased considerably and is declining, so that underscores the fact the labour market itself may be improving."

Employment statistics dating to last October, when the recession first hit, show job losses mounted sharply in the first five months of the slump to a total of 357,000. Job losses then tailed off, totalling just 31,000 in the next five months through August.

**THE CANADIAN PRESS**

### Business in brief

**TRAIN** A joint venture led by Bombardier Inc. has been awarded a \$4-billion US contract to build 80 high-speed trains in China that will use some of the Canadian company's most advanced technologies. Bombardier's share of the contract is estimated at \$2 billion US to build trains for the Chinese railway ministry.

**THE CANADIAN PRESS**

**ENRON** The former chief executive of the failed Internet division of the former energy giant Enron Corp. in Houston yesterday. Hirko also has agreed to pay \$8.7 million in restitution as part of a plea deal with federal prosecutors.

**THE ASSOCIATED PRESS**

**Certified pre-owned**



**New, with experience.**

- Up to 6-year/120,000-kilometre limited warranty\*
- Industry-leading 300+ point inspection
- CARFAX Vehicle History Report
- 24/7 Roadside Assistance

All 2004-2009 Audi A4 models

**0.9% APR up to 24 months\***

**For the location of your nearest Audi dealer, visit [audi.ca/certified](http://audi.ca/certified) or call 1-800-FOR-AUDI.**

© 2009 Audi Canada. \*Whichever occurs first. Maximum coverage available if there is remaining coverage from the Audi New Vehicle Limited Warranty. Audi CPO Limited Warranty effective for up to the earlier of 2 years/40,000 km. \*Limited time finance offer available through Audi Finance, on approved credit. 0.9% APR financing available for up to 24 months on all 2004-2009 A4 models. Example: MSRP of \$27,900.00 for a 2006 Audi A4 2.0T quattro Sedan with automatic transmission financed at 0.9% APR for 24 months, equals \$1,325.97 per month. Dealer may sell for less. Down payment or equivalent trade-in, due at signing, may be required. Cost of borrowing is \$236.28 for a total obligation of \$31,923.28, including taxes and finance charges. PPSA, license, insurance, registration, any dealer or other charges and options extra. Offer valid until October 1, 2009 and may change or be withdrawn at any time without prior notice. Dealer order/trade may be necessary. "Audi", "A4", "quattro", and the four rings emblem are registered trademarks of AUDI AG. "CARFAX" is a registered trademark of CARFAX, Inc. To find out more about Audi or for more details, see your dealer, call 1-800-FOR-AUDI, or visit [www.audi.ca/certified](http://www.audi.ca/certified).

m.metronews.ca



Scan this barcode for more Business news on your smartphone. Learn how to scan the barcode with the instructions at the top of pg 3

## Group aims to buy wind project

**GREAT LAKES** Even as it juggles multiple takeover offers, green energy producer Canadian Hydro Development Inc. announced plans yesterday to acquire what it says will be the largest offshore wind operation in the world.

The 4,000-megawatt offshore wind prospect in Ontario will be acquired from U.S.-based Wasatch Wind Inc. Financial details weren't disclosed.

When complete it will be able to supply enough renewable energy to power over two million homes.

Canadian Hydro anticipates the prospect will be built in stages with the first phase coming online by the fourth quarter of 2014.

"This is a tremendous growth opportunity for our company and our shareholders, and a perfect fit with our long-term strategy and position as a market leader in Canada," said Kent Brown, Canadian Hydro's chief executive officer.

"We are eager to pioneer offshore wind in Ontario and North America."

Canadian Hydro has been fending off a \$654-million hostile takeover offer from Calgary-based power generator TransAlta Corp., which has been extended several times since it was first made in July.

**THE CANADIAN PRESS**

## Coke to use Games to push coffee

VANCOUVER

### 2010 Games

**MARKETING** The 2010 Winter Olympics will be an international podium for soft drink giant Coca-Cola Co. to more widely promote its Far Coast brand of coffee and tea, a move marketing experts say is a clever use of its powerful sponsorship status.

The Vancouver event will also mark the first time Coke, a long-time Olympic sponsor, will serve the Far Coast line of hot drinks at a Games, after rolling out the brand in select countries, including Canada and Norway, in recent years.

### Far Coast

- Far Coast is sold in more than 200 locations across Canada, including restaurants, theatres and sporting venues.

"It's an ideal venue for Coca-Cola to introduce their new products just simply because there is so much worldwide attention paid to it," said Lindsay Meredith, a marketing professor at Simon Fraser University in Vancouver.

"These guys are world-wide marketers and eventually, I would not be surprised to see this product rolled out in other countries."

Argus Research Co. analyst Erin Ashley Smith said Coke could be using the Olympics as a test market before expanding Far Coast into other countries, including the United States.

"I can definitely see them going more into coffee because they are looking into other channels of growth," Smith said.

Smith said Coke, the world's largest beverage company, is facing dwindling sales of its soft drinks and bottled water as consumers get more health and environmentally conscious.

The hot drink market is a territory Coke has yet to conquer. **THE CANADIAN PRESS**

## Employers Is your boss that bad?



Colleen Lynn, a graphic designer in Seattle, and her two dogs Beau and Billy pose for photos. Lynn turned her worst boss experience into an award winning Worst Boss essay. Lots of employees complain about being treated like a dog, but Lynn may have been the only one forced to walk like one. Today, Lynn is her own boss, running a graphic design business.

ARM GRIFFIN/THE ASSOCIATED PRESS



BMO	CIBC	HSBC	ICICI	ING	PCF	RBC	SBIC	Scotia	TD
1.00%	0.75%	0.80%	1.20%	1.05%	0.75%	0.75%	1.25%	1.00%	0.75%

Interest rates/Savings accounts  
METRO NEWS SERVICES

business 13

Note: Please check bank websites as some rates require a minimum account balance.

## Your Money

# Save now, don't wait for RRSP deadline

AlisonOnMoney

Alison Griffiths

metronews.ca/alisononmoney

the refund cheque arrives there are always other more pressing needs for it. You swear you'll get rid of the RRSP debt and start contributing monthly. Then "oops!" here's February again and the cycle repeats itself.

Even if you haven't contributed a dime to date, you've still got five months before the deadline. Don't worry so much about what to invest the money in, focus on getting the dough sheltered inside your RRSP.

Let's say your contribution room for 2009 is \$2,000. If you start now with \$200 a month you will only need to find



know. Here it is not even Thanksgiving and I'm urging you to think about something that normally isn't on your radar until February — RRSP contributions.

There's a method to my nagging. When you ignore your RRSP until the deadline you risk two things: Not maximizing your contribution or, worse, borrowing to make it.

It is all too easy to do the latter if you have a personal or home equity line of credit. I've even seen people take a cash advance on their credit card at RRSP time planning to pay it back with their tax refund.

But when

Alison's Money Rule:

- Start your RRSP contributions early and avoid New Year's financial stress.

the benefit of having the deduction. If you don't contribute you can't deduct — ergo, higher taxes. And if you don't need the deduction right now you get to carry it forward until you do.

It is very easy to build up tens of thousands of dollars in contribution room and very hard to come up with the money, without borrowing, to take advantage of the tax deduction it represents.

Setting up an automatic contribution is by far the best way to go with your RRSPs. Once the habit of contributing regularly is ingrained and the money isn't available for you to spend, you won't think twice about it.

Alison Griffiths is a financial journalist, author and host of Moxed Out on the W Network. Write to her at [alison@alisongriffiths.ca](mailto:alison@alisongriffiths.ca).

## MoneyMatters

Henry Choo Chong

metronews.ca/moneymatters

**Q** My property tax has increased almost five per cent. My supervisor lives three blocks south, yet his taxes did not increase. Why is our tax system unfair?

— Ping

HiSAVE Savings Account

1.20% <sup>CS</sup>

Apply online: [icicibank.ca](http://icicibank.ca)

ICICI Bank

Interest rates are expressed on a per annum basis and are subject to change at any time without notice. Interest on deposits, RRSPs, GICs and the HiSAVE name are registered trademarks.

## Taxes linked to house worth

**A** Property taxes are assessed on the value of property. The more expensive the home, the higher taxes you pay. A house worth \$3 million in a big city, pays more tax than one worth \$400,000

in the outlying suburbs. Is this the best system? It is the one we have. Ultimately, change rests in the hands of the individual.

Henry Choo Chong, CGA, can be reached at [choochonghcg@yahoo.ca](mailto:choochonghcg@yahoo.ca).

mogo

borrow up to \$1500 instantly for free!

[mogomoney.com](http://mogomoney.com)

absolutely no strings attached and no hidden fees

new to mogo?

Apply now & get your first Zip Money loan FREE! Promo Code: METRO 2

## BECOME A PERMANENT RESIDENT

Attention: Foreign Workers, Students & Residents wishing to sponsor family

Ann Arbour Consultants Inc.

(Certified Immigration Consultant License # M042390)

Don't lose your chance. Call us now to discuss your options

1.877.612.1222

[www.annarbour.com](http://www.annarbour.com)

DRAMA. SUSPENSE. COMEDY.

Visit [metrotube.ca](http://metrotube.ca) to watch

The video everyone's talking about.

## An Education Without Compromise

Why settle for second best? Set yourself apart from the competition with an MBA from UCAN. Our experienced faculty will share their industry knowledge and help you complete your degree in as little as one year! Need more flexibility? Choose to complete your MBA online and set your own pace. No matter how hectic life gets, UCAN has an MBA program that's right for you.

Make UCAN degree programs work for you, no matter where you are in the world. Students can choose to study part-time, full-time, on-campus or online. Our numerous delivery options allow you to set the pace for your studies. Working full-time shouldn't stop you from pursuing post-secondary education - flexible course schedules at UCAN make it easy to do both! Small class sizes, combined with industry-influenced curriculums and world-class instruction, means you'll get the education you want, when you want it.

Choose from a number of undergraduate and post-graduate degrees, including BCom, BA and MBA programs. Degree programs are available at campuses in Vancouver, Victoria and Singapore, as well as offered online. Weekly start dates make it simple to jump into life at UCAN.

Accessible, Affordable, Available 24/7.  
Higher Education Within Reach.

1.877.431.6887 | [classes.ucan.ca](http://classes.ucan.ca)

UNIVERSITY CANADA WEST

MS OFFICE SKILLS BUILDER  
BUILD YOUR POTENTIAL

Contact us for more information:

E: [register@neweratechnology.com](mailto:register@neweratechnology.com)

P: 403-716-1102

W: [www.neweratechnology.com/SkillsBuilder](http://www.neweratechnology.com/SkillsBuilder)

newera  
technology  
Enabling Talent through Training



# Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

## Sutter aims for 'fresh start'

**Brent Sutter is bent on bringing change to the Calgary Flames right down to where the players sit in the dressing room.**

Captain Jarome Iginla now sits on the opposite side from where he was, but the more symbolic relocation is the defencemen's corner, where Jay Bouwmeester, Cory Sarich, Robyn Regehr and Dion Phaneuf now reside side by side.

Those four represent the cornerstone of the Flames' goals, which include a return to a defence-heavy system to lessen wear and tear on 32-year-old workhorse Miikka Kiprusoff in net.

Sutter left the New Jersey Devils with one year remaining on his coaching contract in June. Given his release from the Devils, he was promptly hired by his brother and Flames GM Darryl Sutter.

"Fresh start," Sutter said yesterday. "Whole new coaching staff. We see things differently. We want things done a little bit differently. It's a fresh start for the players too, so why go half way?"

m.metronews.ca



Scan this barcode for the most recent Sports updates on your smartphone. Learn how to scan the barcode with the instructions at the top of pg 3

The Flames open the 2009-10 campaign Thursday at home against the Vancouver Canucks.

Brent Sutter's hiring and the signing of Bouwmeester to a \$33-million US, five-year contract before he became an unrestricted free agent were Calgary's major moves of the off-season.

Regehr speculated the dressing-room changes may be designed to shake established players out of their comfort zone.

"As a player, I don't know if it makes a huge difference," he said. "But what it does is, if some people were comfortable in the seat they were in, or in the situation they were in before, to try make them a little bit uncomfortable and get them out of that zone."

THE CANADIAN PRESS

## NFL Cowboys beat Panthers



Carolina Panthers wide receiver Steve Smith attempts to escape a tackle by Dallas Cowboys cornerback Terence Newman last night in Arlington, Texas. The Cowboys won 21-7.

## Favre will play wearing pink to help fight breast cancer

**NFL** Brett Favre will be in purple to face the Packers for the first time next week. He'll also be wearing a little bit of pink.

The NFL is honouring breast cancer awareness in October. Favre is one of four Vikings who will use pink equipment during Monday's game against Green Bay at the Metrodome, according to league spokesman Brian McCarthy.

Chad Greenway, Chester Taylor and Antoine Winfield are the others.

Favre's wife, Deanna, is a breast cancer survivor. Designated players

throughout the NFL will be wearing pink cleats, wristbands, gloves, sideline hats and captain patches among other items during October.

Favre will be facing his old team for the first time on Monday night. He spent 16 seasons with the Packers.

THE ASSOCIATED PRESS

## Sports in brief

**NHL** The Columbus Blue Jackets traded a 2010 third-round draft pick to the Calgary Flames for defenceman Anton Stralman yesterday. The 23-year-old Swede played 88 games the past two seasons for the Toronto Maple Leafs before being traded with forward Colin Stuart to Calgary in July for centre Wayne Primeau.

**NFL** Miami Dolphins quarterback Chad Pennington dislocated his right shoulder and may seek a second opinion to determine how long he'll be sidelined, a person familiar with his status said yesterday. Other media outlets reported Pennington had a torn capsule and was likely to miss the rest of the season.

**CFL** The Toronto Argonauts have dealt another disgruntled player. The Argos traded cornerback Byron Parker to the Edmonton Eskimos yesterday for future considerations. According to two league sources, the Argos will receive a 2010 draft pick for Parker.

**BASEBALL** Former Dodgers prospect Andy LaRoche homered twice and drove in six runs as the Pittsburgh Pirates again prevented Los Angeles from clinching the NL West with an 11-1 win yesterday. Already assured of a playoff spot, the Dodgers lost three-of-four to the Pirates, who had dropped 23-of-26 going into the series.

THE ASSOCIATED PRESS

## CANADA OLYMPIC PARK early bird SALE

For a limited time  
only purchase your 09/10  
winter season pass now and

**SAVE  
UP TO  
20%**

### winterALPINE

Family	\$ 929
Adult (18-64)	\$ 439
Student/Youth (13-24)	\$ 339
Junior (5-12)	\$ 249
Senior (65+)	\$ 239

### CROSS-COUNTRY

Family	\$ 249
Individual	\$ 129

**HURRY SALE ENDS TODAY!**

CANADA  
OLYMPIC  
PARK



403.247.5452

www.wingsportcanada.ca



## ACCESS LEGAL RESEARCH INC.

- CRIMINAL PARDON / U.S. WAIVER
- SEPARATION AGREEMENTS
- LAND TRANSFERS
- LOW COST NO FAULT DIVORCE
- SMALL CLAIMS COURT TO 25K

**CALL  
403-228-2469**

## DRAMA. SUSPENSE. COMEDY.

Visit metronews.ca to watch  
metrotube of the day

The video everyone's  
talking about.

**SAVE 15% ON PROGRAM REGISTRATIONS!\*** \*Some conditions apply



# Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

## Canada is a leader in prevention

One of the biggest studies in the world is underway here

**CELIA MILNE**  
For Metro Canada



**We run to cure cancer. We ride to conquer cancer. We walk to end cancer. Wouldn't it be great if we could prevent breast cancer before it starts?**

Canadian researchers are on the leading edge of not only finding better ways to diagnose and treat breast cancer, but also showing the world how the disease might be prevented in the future.

"Canada is really, really leading in breast cancer research," says Dr. Morag Park, a cancer researcher and professor at McGill University in Montreal. "We've got leaders in imaging, clinical

trials and animal modelling," she says.

Park studies what happens at the molecular level when someone develops cancer. "Many of us are probably walking around with the beginnings of cancer and never get it," she says. "What are the switches that allow cancer to develop? It sat there for 15 years and suddenly started to grow. That is not well understood."

Researchers around the globe are developing and linking studies and will begin to answer this question. "It is exciting," she says. Plus, new technologies give scientists the power to handle and analyse huge amounts of data. From that

**"We've got leaders in imaging, clinical trials and animal modelling."**

Dr. Morag Park, cancer researcher

information comes knowledge on better treatments and ways to prevent cancer.

One of the weightiest prevention studies in the world is underway in Canada. The Canadian Partnership for Tomorrow Project, now enrolling people in British Columbia, Alberta, Ontario, Quebec and the Atlantic provinces, will help to answer questions such as: Who gets cancer? Who doesn't? Where do they live? Where do they work? What do they eat? How much do they exercise?

The study will follow 300,000 Canadians over the next 20 to 30 years, who have agreed to be monitored for diet, physical activity level, sun exposure, tobacco use, exposure to chemicals, type of work, place of residence, and possible genetic factors.

Unlike many studies which are retrospective (looking back) and rely on people's memory of what they did, this study is prospective (looking forward) so results are more accurate.



Canadian researchers have the leading edge not only when it comes to finding better ways to diagnose and treat breast cancer, but also showing the world how the disease might be prevented.

Some enrollees, of course, will develop diseases such as breast cancer over the course of the study, and the data will reveal what patterns led to that. "It looks at environment, genes, behav-

iour and how those may inter-relate to cause breast cancer," says Dr. Heather Bryant, vice-president of cancer control at the Canadian Partnership Against Cancer in Toronto.

**5 days to go!** There's still time to unite with the people around you and register for the Canadian Breast Cancer Foundation CIBC Run for the Cure. [www.cbcf.org](http://www.cbcf.org)  
On Sunday, October 4, Who are you running for?™

**CIBC Run for the Cure**  
CANADIAN BREAST CANCER FOUNDATION



Breast Friends Dragon Boat Racing Team

CANADIAN  
BREAST CANCER  
FOUNDATION  
FONDATION  
CANADIENNE DU  
CANCER DU SEIN

Title Sponsor

National Sponsors





# The power of pink

Support breast cancer awareness with these limited edition beauty and fashion products — on sale in October

One in nine Canadian women is expected to develop breast cancer during her lifetime. The good news, according to the Canadian Breast Cancer Foundation, is that two-thirds will live through it.

Help support this impor-

tant cause as we head into October, Breast Cancer Awareness month. Here are a few examples of how you can incorporate a little pink into your life, while at the same time spreading awareness and raising funds for a cure.

METRO NEWS SERVICE



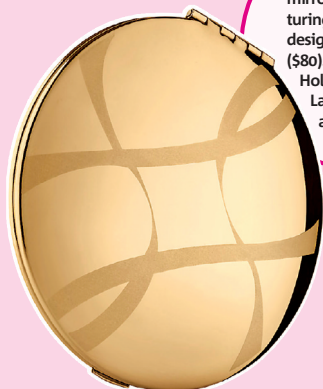
Pink Breast Cancer Awareness Pins (\$1). Available at La Vie en Rose boutiques and online at [lavieenrose.com](http://lavieenrose.com).



Estée Lauder Elizabeth Hurley Lip Set featuring lipstick, lipgloss and lip pencil in a pink ribbon cosmetic case (\$30). Available at all Estée Lauder counters across Canada.



Clinique Lipgloss Key Chain featuring a signature pink ribbon charm and three mini Long Last Glosswear SPF 15 in Air Kiss, Kissyfit and Whisper (\$22). Available at Sephora stores. [sephora.com](http://sephora.com).



Gold double-sided mirror compact featuring a subtle ribbon design on the cover (\$80). Available at Holt Renfrew Estée Lauder counters across Canada.



Jacob Care natural lip gloss (\$10). Available in Bella (soft pink), Donna (light coral) or Cita (raspberry) at all Jacob stores across Canada.



Lise Watier Pink Tribute Mini Lipstick Kit featuring Shortcake, Sucre D'Orge and Golden Apricot (\$19). Available in select department and drug stores across Canada. Visit [lisewatier.com](http://lisewatier.com).



Jeweled Pink Ribbon Pin (\$18). Covered in 20 pink crystals with a jewelry pin backing closure. Available at all Estée Lauder counters across Canada.



OPI Pink of Hearts 2009 Edition Nail Lacquer (\$10.95). Available at select professional salons across Canada. Call 800-341-9999 or visit [opi.com](http://opi.com).

Pink and white pajama set (\$39.95). Available at La Vie en Rose boutiques and online at [lavieenrose.com](http://lavieenrose.com).



Tweezerman Pink Ribbon Slant Tweezers (\$28). available at drug and department stores across Canada. Visit [tweezerman.com](http://tweezerman.com)



Clinique Dramatically Different Moisturizing Lotion (\$45.50/200mL). Available at Clinique counters across Canada. Visit [clinique.ca](http://clinique.ca)



Swarovski's Pink Hope charm (\$55) from the Swarovski Cares line. Visit [swarovski.com](http://swarovski.com).

## Breast cancer: Just the facts

- **NEW CASES:** 22,700 per year
- **DEATHS:** 5,400 per year
- **SYMPTOMS:** Lump in breast or armpit, changes in breast size or shape, changes in skin temperature, redness or swelling, inverted nipple, crusting or scaling on nipple.
- **SCREENING:** Mammography (once every two years recommended for women ages 50 to 69); clinical examination (once every two years recommended for women over 40); self-examination. Women with family history of the disease should ask a doctor about a personal plan.
- **TREATMENT:** A lumpectomy removes the tumour while conserving most of the breast. A mastectomy removes the entire breast and sometimes the lymph nodes. Radiation is used to treat many stages of breast cancer and frequently used after a lumpectomy. Biological therapy helps the body's immune system fight cancer. Herceptin is used to treat human epidermal growth factor positive (HER2) tumours.
- **LATEST RESEARCH:** Research funded by the Canadian Cancer Society includes assessing what information patients require about complementary therapies, the use of MRI to detect if the cancer has spread, investigating whether combining various anti-cancer drugs can activate genes that prevent spreading.

TORSTAR NEWS SERVICE



**SPECIAL FOCUS ON:**

# Breast Cancer Awareness

## health & beauty 17

# Support by type

Groups now customized by disease specifics

**CELIA MILNE**  
For Metro Canada

**Karyn Stowe is a 38-year-old mother of three kids, ages seven, four and three. A year ago, she was diagnosed with an aggressive form of breast cancer called HER2 positive.**

"I was totally freaked out," she told Metro.

Not many women in Stowe's stage of life and with her level of good health get breast cancer.

She is active — working out several times a week and walking six kilometres a day in midtown Toronto. She eats well, including lots of organic foods. She has never been overweight. Each of her three kids was breastfed until almost one year of age, an activity that is supposed to be protective against

breast cancer. No one in her family has ever had any type of cancer.

"I was enjoying life in my 30s," she says. "I had none of the risk factors. Breast cancer wasn't even on my radar."

Breast cancer is not one disease. There are many different

types, each acting in different ways. Gone are the days

when treatment followed a one-size-fits-all model. A new era

has begun in which therapy targets the specific type of breast cancer.

Stowe's cancer, HER2+, accounts for about 20 per cent of cases, and is often

treated with a new targeted therapy called Herceptin.

While going through treatment, Stowe found comfort in family, friends and neighbours. She had a mastectomy and lymph node removal in September 2008, and then six

rounds of chemotherapy, followed by five weeks of daily radiation. Now,

she is on Tamoxifen and Herceptin.

But as treatment winds down, Stowe still

needs a shoulder to cry on, a place to commiserate and

share.

Support systems are also entering a new era: They are custom-made for specific types of cancer. Re-

think Breast Cancer, a support network for young women with breast cancer, is launching TellHER2.ca

**Find cancer support groups at [cancerview.ca](http://cancerview.ca), look under Cancer Journey**



Breast cancer support systems are entering a new era: They are custom-made for specific types of cancer. One example is TellHER2.ca, a website dedicated to those affected by HER2+ breast cancer.

— a website dedicated to connecting those affected by HER2+ breast cancer.

Stowe thinks it's a great idea. "It's really nice to talk to someone who really understands your daily dif-

ficulties being a mom with breast cancer — caring for young children, fears for the future... wanting to plan but not sure if you can... wanting to chat normally with other moms on

the playground... but feeling that you always have something much bigger in the back of your head. It's so nice to talk to other women who 'get it' because they're living it too."

## See changes with Breastlight

**INNOVATION** Get to know your breasts. Women often hear it's a good idea to feel for changes in their breasts. Lumps and asymmetries could signal cancer. Now, a small handheld machine that can be used at home allows women to see changes as well feel them.

The Breastlight, which looks a bit like a mini hair dryer, is a device containing a powerful light.

When you press it to your breast, it lights up and shows what your breast looks like on the inside. Dark lines, for instance, are veins, and that is normal. But dark shadows or splotches may be a signal to go to the doctor for a mammogram or clinical

examination. In most cases, it is a false alarm, but it is better to be safe than sorry.

Breastlight is used with a water-based lubricant. The device costs \$149.99 (plus \$9.99 for the lubricant), a little steep, but it can be used over and over again by all the women in your home. It is available at Rexall and Rexall Pharma Plus stores, or by ordering through [breastlight.ca](http://breastlight.ca).

It is recommended that women under 50 have clinical breast exams at least once every three years and women over 50 have a yearly mammogram and annual clinical breast exam.



The Breastlight costs \$149.99 and is available at Rexall and Rexall Pharma Plus stores or at [breastlight.ca](http://breastlight.ca).

**CELIA MILNE/  
FOR METRO CANADA**

### In brief

**PRODUCT**

Brita has brought back its limited edition Pink Pitcher water filtration system for October, Breast Cancer Awareness month. Brita will contribute \$4 from the sale of every limited edition Pink Pitcher to the Canadian Breast Cancer Foundation. It will be nationwide at mass retailers, including Wal-Mart, Zellers, Home Hardware and Loblaw stores for \$34.99.

METRO NEWS SERVICE

## Breast cancer survivors galore

**STATISTICS** Though there's still much work to be done in breast cancer, the latest statistics point to good news.

Breast cancer is not a death sentence by any means. In fact, the five-year survival rate is 87 per cent, according to 2009 figures from the Canadian Cancer Society and Statistics Canada. Chances of surviving have risen five per cent over the last 15 years.

Why? "Captur-

ing the tumour early has been a key event, coupled with advances in therapy," says Dr. Morag Park, a cancer researcher and professor at McGill University in Montreal.

In 2009, it's estimated that there will be 22,900 new cases of breast cancer. And 5,400 Canadians will die of the disease.

**CELIA MILNE/  
FOR METRO CANADA**



## Choosing the breast clothing

### Designer caters to bodies with little or no chest

**ELISABETH BRAW**  
Metro World News



**"I realized that the only clothing targeted to women who had lost their breasts were the medical bras hospitals sell."**

Designer Hilary Boyajian

**FASHION** Looking to find a sexy dress for the single-breasted woman? Good luck. Fortunately, a New York fashion designer has pioneered a new approach.

"Many women can't or don't want to have reconstructive surgery," says Hilary Boyajian. "I realized that the only clothing targeted to women who had lost their breasts were the medical bras hospitals sell. Who goes clothes-shopping in a hospital?"

Between 70 per cent and 84 per cent of breast cancer patients in developed countries beat the disease, only to face an awkward reality: they have nothing to wear.

So Boyajian, a 33-year-old New York designer, developed Chikara, a fashion line for women with one or no breasts. The ancient Greece-inspired clothes, which are draped across the chest, cover up the missing breasts. Boyajian sells the clothes over the Internet and recently opened her first shop, in New York City's NoLita neighborhood.

"I get so many emails from breast cancer survivors thanking me for doing this," she says. "What they particularly like is that people don't look at their clothes and say 'Oh, that dress must be for a woman with no breasts.'"

For more information: [chikaradesign.com](http://chikaradesign.com).



Designer Hilary Boyajian doesn't want breast cancer to limit women's fashion options. For this reason she has designed a line of clothing for the woman with one or no breasts. It includes pieces like this sweater with draping across the chest (left) and one-sided bras (above). Her clothing is sold at [chikaradesign.com](http://chikaradesign.com)





# Elective breast removal

Voluntary mastectomy rates up in recent years, says U.S. study

ELISABETH BRAW  
Metro World News

**Losing your breasts as a result of cancer is traumatic enough. But removing them voluntarily? Lots of women do it.**

"It felt like I had a ticking bomb in my body," recalls Jennifer Chamberlin, a 36-year-old paramedic from Pennsylvania.

"My grandmothers and several aunts had had breast cancer."

So Chamberlain decided to surgically remove both of her breasts, along with her ovaries — even though she didn't have cancer.

"I just didn't want to risk getting cancer. I know I can still get other types of cancer, but this was one risk I could do something about," she says.

Chamberlin is not unique: between 1998 and 2005, the rate of contralateral prophylactic mastecto-

my — removal of two healthy breasts — among U.S. women increased by 188 per cent, according to a study by physicians at the University of Minnesota School of Medicine.

"The 10-year survival rate for women with DCIS (the most common form of breast cancer) is 98 to 99 per cent," says lead researcher Dr. Todd Tuttle.

"Removal of a normal breast will not improve the excellent survival rates. Nevertheless, many women, particularly young women, are choosing to have both breasts removed."

Jamie Inman of California made the same choice — and deeply regrets it.

"If I had known about the sexual side effects there's no way I'd have done this," she says.

"Not having any nipple sensation has been devastating, both to my me and my husband."



The rate of contralateral prophylactic mastectomy — removal of two healthy breasts — among U.S. women increased by 188 per cent between 1998 and 2005.

## Men need to be screened too

**AWARENESS** Though it is rare, men can and do get breast cancer.

According to the Canadian Breast Cancer Network, fewer than one per cent of breast cancer cases are found in men. Yet, they caution that it is still important for men to practice screening techniques. Men of all ages can develop breast cancer; however, it is most commonly diagnosed between the ages of 60 and 70.

Risk factors for men include having a family history of breast cancer, carrying the BRCA2 gene mutation, estrogen administration and having a disease or condition associated with hyperestrogenism (eg: gynecomastia, Klinefelters or cirrhosis). Symptoms for men to be aware of include breast lumps, nipple inversion, nipple discharge and pain in the breast.

METRO NEWS SERVICE

## Paint sales benefit research

**PRODUCT** Fall is a good time to paint because it's still warm enough to keep the windows open.

Sico's Flat for Ceilings latex paint rolls on pink and dries to white, showing you areas you've already painted. So, you don't have to worry (much) about those extra splashes.

And, best of all, Sico is donating \$1.25 from each gallon of paint sold across the country to the Canadian Cancer Society.

Sico's campaign, which kicked off Sept. 1, aims to raise \$50,000 toward breast cancer research.

"There's a lot of excitement about this," says Stéphanie Pelland, marketing communication manager for Sico.

Sico aims to sell 40,000 gallons of paint, which retails for \$26.99, to reach its goal.

TORSTAR NEWS SERVICE

## Sit and sniff — dogs fighting cancer

CELIA PEDROSO  
Metro World News

**Dogs can help fight two of the most deadly types of cancer — breast and lung cancer — detecting it in exhaled breath.**

A study conducted at the Pine Street Foundation, a non-profit cancer education and research group in San Anselmo, Calif., had such good results that a new research, related with ovarian cancer, is currently being done. The methodology is similar as are the breeds used.

Nicholas Broffman, executive director of the Pine Street Foundation, alerts: "Should your best friend display a persistent and animated behaviour around a person, we do recommend medical follow-up."

Here Broffman answers questions about his studies:

**Q** Do you think your studies can lead to a future scent detection system in clinical practice, alongside mammograms, for instance?

**A** Our research will lead to the development of new diagnostic tools that can be used along currently accepted screening methods, such as mammogram and CT scans.



Researchers now use dogs to conduct cancer detection studies by having them sniff exhaled breath samples.

**Q** Will dogs one day detect cancer even earlier than standard screening tests?

**A** The specificity and the sensitivity of the dogs involved in our 2006 study exceeded several currently accepted screening methods.

**Q** How were the reactions to your study in the medical community?

**A** The medical community is always looking for ways to improve accuracy and find methods that can detect cancer at its earliest stages. Other researchers around the world are now working on the early detection of

disease through scent and biological biomarkers.

**Q** After your successful studies, should we worry if our pets insist on smelling our neck or breath?

**A** Numerous anecdotal reports have been published and televised documenting individual cases in which dogs began to display persistent and animated behaviour around specific body locations on their owners. These behaviours, on subsequent medical evaluation, proved to be accurate, and in some cases life-saving, early warning signs of cancers such as those of the breast and skin (melanoma).



Bridget Spence, left, a 25-year-old with Stage IV breast cancer, is seen here with her mother Dorothy Mooney.

## Survivor sees the sunny side

**PEOPLE** Bridget Spence knows she wants children. But she doesn't dare to even dream of it. The 25-year-old has Stage IV breast cancer.

One day four years ago, Spence felt a lump in her breast. She saw a doctor, who checked her breast and assured her that it was nothing to worry about.

"But when I graduated six months later, the lump was protruding from my breast, and my parents told me I looked yellow," recalls Spence, a fit yoga-fan with no family history of breast cancer. "So I went to a different doctor. He told me that I had Stage IV breast cancer that it had spread to the liver."

Spence was given a 16 per cent chance of surviving un-

til age 30.

"At first I was very angry at having been misdiagnosed and wondered 'why me?'" she tells Metro. "But then I thought 'I'll show you! I'll be one of the 16 per cent'."

Four years later, Spence is still alive. She even has a full-time job.

But she knows the disease may still defeat her.

"Cancer is a roller-coaster," she explains. "There are bad days and good days, where I think I can be among the 16 per cent."

The worst days come every three months, when Spence undergoes a scan to see if the tumor has grown.

"Then I turn off the phone and go into survival mode," she says.

ELISABETH BRAW/  
METRO WORLD NEWS

## In brief

**DIAGNOSING** Only five per cent of all breast cancer cases occur in women under 40. Diagnosing breast cancer in young women is more difficult because their breast tissue is generally denser than the breast tissue in older women. By the time a lump in a younger woman's breast can be felt, the cancer often is advanced. Breast cancer in women under 40 can also be more very aggressive and less likely to respond to treatment than breast cancer among older women.

SOURCE: WEBMD



## SPECIAL FOCUS ON:

## Breast Cancer Awareness

## health &amp; beauty 19

# DHA boosts babies' cognitive skills

Adding fatty acid nutrient to formula can help develop goal-directed behaviour: Study

**Babies fed formula experimentally supplemented with the essential fatty acid DHA appear to have higher cognitive skills than infants given standard formula, a study has found.**

Previous research has shown that breast-fed babies have more advanced cognitive skills than formula-fed babies and those capabilities appear to persist into later childhood. Scientists have suggested the difference could be due to high levels of DHA found naturally in breast milk.

To test the theory, researchers at the Retina Foundation Southwest and the University of Texas studied more than 200 infants randomly assigned to be fed either DHA-fortified formula or standard formula.

The study included three groups of babies at different ages given one formula or the other: The first group within days of birth; the second group after six weeks of being breast-fed and weaned; and the third following



Researchers at the Retina Foundation Southwest and the University of Texas studied more than 200 infants randomly assigned to be fed either DHA-fortified formula or standard formula.

four to six months of breastfeeding and weaning.

All the children were assessed at nine months of age using a problem-solving test in which they had to complete a sequence of steps to reach and grab hold of a rattle.

In the two-step test, the babies had to remove a cloth covering the rattle and pull another cloth on which the toy was placed so it was close enough to pick up, said James Drover, who helped conduct the study during a

post-doctoral fellowship at the Retina Foundation in Dallas.

"So it's very goal-directed," Drover, now an assistant professor of psychology at Newfoundland and Labrador's Memorial University, said Tuesday from St. John's. "They have to carry out those behaviours in order to get the toy."

"And what we found was the children that were fed the DHA-supplemented formula were more likely to show these goal-directed behaviours. They had higher intentions scores.

Not only that, but they were more likely to be successful on each trial."

Dr. Robert Issenman, chief of pediatric gastroenterology and nutrition at McMaster Children's Hospital, could not comment specifically on the study, but said DHA has long been suspected of being "a very important nutrient in infants in terms of their neuro-cognitive development."

In fact, DHA has routinely been added to formula given to premature infants and recently man-

ufacturers began selling DHA-enhanced formula for all babies "on the premise that if it's good for the premature babies, it might be good for (full-term) babies."

Issenman, a spokesman for the Canadian Paediatric Society, said researchers would need to study children over time to determine whether inclusion of DHA in formula for infants actually has lasting effects on their cognitive abilities compared with kids who didn't get DHA-added formula.

"The Canadian Paediatric Society would say that one way to assure that you're getting appropriate levels of nutrients for infants is to breastfeed," he said from Hamilton. "And we encourage breastfeeding of all babies, exclusively for six months and at least to a year."

As to the benefits of adding DHA to formula, Issenman said the CPS "doesn't have a position on that at this time."

Bruce Holub, a professor of nutritional sciences at Ontario's University of Guelph, said the study

## What is DHA?

- DHA, or docosahexaenoic acid, is found in high concentrations in the human brain and retina of the eyes. Dietary sources include oily fish, eggs and meat.

used amounts of DHA in its enhanced formula that are rarely seen in the breast milk of Canadian mothers — but should be.

Holub, an expert in DHA and other Omega-3 fatty acids, said studies have shown that on average, pregnant and lactating women in Canada have DHA levels far below optimal.

Breastfeeding, when possible, is certainly recommended, he stressed. But women need to add more DHA-rich foods to their diets — especially fish — so their babies get enough of the nutrient in the breast milk.

The study appears in the September-October 2009 issue of the journal *Child Development*.

THE CANADIAN PRESS

## The green winners

Our eco-friendly picks include rollerball aromatherapy, a cool deodorant and an anti-frizz hair balm

### Saijojo Calm Eco Smoothing Balm

Saijojo is a new Canadian eco line of hair products with a Zen-inspired name meaning "great and perfect practice." Indeed, you'll feel calm knowing this frizz-fighting, shine-boosting styling cream contains camellia seed oil and vitamins that nourish hair, (\$26, 150 ml)



RHONDA ROVAN/BEST HEALTH MAGAZINE

### J.R. Watkins Lip Tint

These natural and slim little beeswax balms condition lips with a hint of shine and colour (you can layer them for more intensity). Shown here: Strike-a-Rose, left, and Simply Mauve-lous. (\$6 each, 2.55 g)



### Erbaviva Lemon & Sage Organic Deodorant

You can share this chemical-free spray deodorant with your natural guy — its woody scent is meant to appeal to women and men. (\$19, 100 ml)



### Aromatherapy Personals

Made from all-natural oils, NuWorld Botanicals rollerballs come in 11 mood-enhancing blends to massage into pulse points.

Aphrodisiac contains jasmine, sandalwood, ylang ylang and patchouli, purported to enhance sexual energy. (\$20 each, 9.6 ml)

### besthealthmag.ca

Best Health is now on newsstands. For more Best Health, visit [besthealthmag.ca](http://besthealthmag.ca)



PEOPLE NEED  
**EXPERT**  
CARING

Registered Nurses.  
Knowledge.  
Education.  
Skill.



COLLEGE & ASSOCIATION  
OF REGISTERED NURSES  
OF ALBERTA

[nurses.ab.ca](http://nurses.ab.ca)



# The cougar conundrum

Double standard still exists for older women, younger men

## The J Spot

Josey Vogels

metronews.ca/thejspot

When Claudia Openkelder told me that ABC refused to run her ad for CougarLife.com in certain markets during the premier of Courtney Cox's new series Cougar Town because advertising a service that helps older women meet younger men clashed with the network's Disney-affiliated image, I was as taken aback as she was.

Surely, I thought, six years into Demi Moore and Ashton Kutcher, we're no longer shocked by the idea of older women dating, even marrying, much younger men.

But then I tried to imagine how I'd feel if the advertiser were sugardaddy.com or establishedmen.com, one of the many sites that set older men up with

young women.

Would I be equally dumbfounded? I doubt it.

But that's because powerful, wealthy men have been dating younger women for years and nobody bats an eye, says Openkelder, who, at age 39 is dating a guy 14 years younger.

Now that women are enjoying more independence, wealth and power than ever before, we're seeing more women looking for a young, spirited mate who can keep up with her.

Certainly, women still have more hurdles to overcome in this arena. I am reminded of a story that

a colleague told me about her marriage to a guy five years younger.

His mother walked around her wedding telling people: "She's older than him, you know, AND a divorcee!" I kid you not. Surely, had it been the other way around, no one would have blinked.

And the irony of ABC's decision not to run her ad — which depicts a bunch of shirtless construction workers outside a school ogling the teacher rather than the students — during a series all about older women dating younger men is not lost on Openkelder.

"Apparently, they're okay with a fiction version of this idea, but they're not comfortable with the reality," she says.

I just worry that the Cougar is becoming

yet another image modern women have to live up to. After all, CougarLife.com describes cougars as independent, sexy, wildly successful, classy, confident, smart. Phew. Meanwhile the only adjective for the men over on establishedmen.com is "financially successful."

I couldn't agree more that as women enjoy more independence and power they should also enjoy a greater variety of choices when it comes to all aspects of their lives.

But for me, the double standard will only really end when we don't have to bend over backwards convincing society that women still have a shelf life after 40. And no one blinks when we marry a younger man.

• Share your best relationship disaster story on the comments section of Josey's Sexcetera blog at metronews.ca/blog.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

After Demi Moore and Ashton Kutcher, are we still shocked by the idea of older women dating, or even marrying, younger men? Looks like some people still are.

Researchers say its never too late to start exercising.



## Exercise extends survival even in 'oldest old'

Even in the "oldest old," a little physical activity goes a long way, extending life by at least a few years for people in their mid-to late 80s, Israeli researchers found.

The three-year survival rate was about three times higher for active 85-year-olds compared with those who were inactive. Getting less than four hours of exercise weekly was considered inactive; more than that was active.

The results "clearly support the continued encouragement of physical activity, even among the oldest old. Indeed, it seems that it is never too late to start," the researchers wrote in yesterday's Archives of Internal Medicine, which published the study. They noted that exercise reaped benefits even for previously sedentary 85-year-olds; their three-year survival rate was double that of inactive 85-year-olds.

Oldsters didn't have to be super-athletes to live longer; walking at least four hours weekly counted, even if it was just in 15-minute strolls a few times daily. "As little as four hours a week

was as beneficial as more vigorous or prolonged activity," said study author Dr. Jeremy Jacobs, a geriatric specialist at Hadassah Hebrew University Medical Center in Jerusalem.

Active octogenarians also reported less depression and loneliness and a greater ability to perform daily tasks. Similar benefits have been shown in people in their 60s and 70s, but there has been little research about exercise benefits in people in their 80s.

The study involved 1,861 Jerusalem residents who were 70 years old in 1990. Participants filled out questionnaires about their health and activity levels through 2008. At age 85, 64 per cent were physically active, a relatively high percentage that reflects the Israeli lifestyle, Jacobs said. But he said similar benefits from exercise likely would be seen among the very old in other countries.

There were 512 deaths. Slightly fewer than seven percent of the active 85-year-olds died by age 88, versus about 24 percent of those who were inactive.

THE ASSOCIATED PRESS

## Service Directory

To advertise contact Blaine Schlechter at 403-444-0136

### PSYCHIC

## STAPHA —AFRICAN PSYCHIC

Reuniting Loved Ones · Stopping Divorce  
Removing Bad Spirits · Success in Business  
Healing Protection

RESULTS GUARANTEED  
**403-802-0367**

## THE GREAT OF THE GREAT MEDIUM & SPIRITUAL HEALERS HERITED TO GENERATION RENOWNED INTERNATIONAL

Are you searching for solutions to your problems?  
It's never too late to find answer.  
Madia has 26 years experience as a spiritual healer  
reuniting loved ones, maintaining harmony in coupled,  
preventing separation, improving business success,  
protecting against negativity and evil spells.  
100% results Guaranteed in 48 hours.

100% RESULTS GUARANTEED IN 48 HOURS  
CALL MADIA AT 403-475-2589 OR 403-305-2129

### FINANCIAL

**\$500\$**  
loan service

by phone, no credit  
refused, quick and easy,  
payable over  
3, 6, or 12 installments.

Call toll free:  
**1-877-776-1660**

READ THE LATEST  
FROM THE WORLD  
OF JON AND KATE  
PLUS HATE.

m.metronews.ca

## Apartment Finder

To advertise contact Warren Smith at 403-539-4948

## realstar management

RENT NOW FOR YOUR \$300 INCENTIVE

### CALGARY PLACE APTS. 609 8TH STREET

1 & 2 bdrm suites, Gym, games  
room, 1 block to LRT, Utilities  
included, Close to all amenities  
& On site management

**1-877-570-7025**

www.calgaryplace.com

### ROYAL VIEW APTS. 1320 17TH AVE. SW

Live in the Trendy Beltline, 1 & 2  
bdrm suites, Gym, sundeck,  
1 block to 17th Ave., Utilities  
included & On site management

**1-877-572-1835**

www.royalviewapts.com

### GLENMORE HEIGHTS 620 67TH AVE. SW

1 & 2 bdrm suites, Gym, social  
room w/ full kitchen & library area,  
1 blk to Chinook Center, Utilities  
included & On site management

**1-877-617-9803**

glenmoreheights.com

### GLENMORE GARDENS 2105 90TH AVE SW

1 & 2 bdrm suites & T/H social  
room w/ full kitchen & sitting area,  
Indoor pool & sauna, Close to all  
amenities & On site management

**1-877-584-2285**

glenmoregardens.com

## Effective and cost effective.

To advertise in Metro's Apartment Finder,  
call Warren today! 403-539-4948

metro

## DRAMA. SUSPENSE. COMEDY.

Visit metronews.ca to watch metro tube of the day

**Dracula**

IS COMING  
OCT 2

get frightened!

www.pumphousestheatre.ca



# Getting those veggies ribbon-thin

To speed up the ribboned vegetable prep time, try using a mandolin or Benriner slicer to make perfect zucchini and squash ribbons. If you don't have one, some vegetable peelers will also make long ribbons. **20MINUTESUPPERCLUB.COM**

# Food

For new ideas on how to prepare your turkey and all its fixings, try the 20minute supperclub.com Thanksgiving Guide. Maple Squash, Paper Bag Roast Turkey and many other fall recipes await you.



## You can win

Enter your favourite fall recipe in our 20 Minute Supper Club Favourite Fall Recipe contest and you could win one of 10 Breville Prize Packages.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

# Leaving you warm and full

With the cool breeze of fall in the air, it's the perfect time to start thinking about your Thanksgiving spread.

This week's fall meal is full of vitamins and vegetables to keep you healthy in the colder months. To begin this healthy meal we start with the veggie-packed Moroccan Quinoa Salad. Next, we explore the delicious taste of rainbow trout in the Pan Fried Trout with Zucchini Ribbons and Pine Nuts. End the meal on a sweeter note with Spicy Caramelized Pecans and Cranberry Brie: Sure to be a household favourite. **-CHRISTY PENGILLY**

## Moroccan Quinoa Salad

Food Styling by Ian Mugridge.

**SERVES 6**  
**PREP TIME: 10 MINUTES**  
**COOKING TIME: 10 MINUTES**

### INGREDIENTS:

- 3 cups cooked quinoa (from 1 cup dried)
- 1/3 cup freshly squeezed lemon juice (about 2 lemons)
- 3 tablespoons olive oil
- 2 teaspoons ground cumin
- 1 teaspoon salt
- 1/4 teaspoon sugar
- 1-1/2 cups canned black beans, rinsed
- 1-1/2 cups corn kernels (about 2 cobs) or defrosted frozen
- 1/2 small red onion, thinly sliced
- 1 pint cherry tomatoes, quartered
- 1/2 cup slivered almonds, toasted
- 1/4 cup chopped green or black olives
- 1/4 cup chopped fresh mint



A complete fall meal from 20 Minute Supper Club.

- 1/4 cup chopped fresh coriander

### METHOD:

1. Cook quinoa.
2. While quinoa is cooking, whisk together lemon juice, olive oil, cumin, salt and sugar into a vinaigrette in a small bowl.
3. Combine quinoa and all remaining ingredients, except fresh herbs, into a medium-sized bowl.
4. Drizzle with vinaigrette. Toss to combine.
5. Refrigerate for at least one hour to allow flavours to combine. Add fresh herbs just prior to serving. May be served at room temperature.

## Pan Fried Trout with Zucchini and Pine Nuts

Recipe Developed by Paula Bowman.

**SERVES 4**  
**PREP TIME: 10 MINUTES**  
**COOKING TIME: 20 MINUTES**

### INGREDIENTS:

- 2 small zucchini (about 8oz), trimmed, sliced lengthwise into 1/16-inch ribbons
- 1 small squash, trimmed, sliced lengthwise into 1/16-inch ribbons
- 1/4 teaspoon kosher salt, plus more for seasoning
- 1/4 cup baby watercress
- 1/4 teaspoon finely grated lemon zest

- 2 tablespoons fresh lemon juice
- 1 teaspoon lemon thyme leaves, or regular thyme
- 1 teaspoon honey
- 1/4 cup, plus 2-teaspoons fruity olive oil
- 1/4 cup pine nuts
- 4 (6oz) fresh rainbow trout fillets

### METHOD:

1. In a colander, toss zucchini and squash ribbons in 1/4-teaspoon salt and set aside for 10 minutes. Pat dry with paper towels and set aside in a bowl with watercress.
2. In a small bowl, whisk lemon zest and juice, thyme leaves and honey together. Slowly whisk in 1/4-cup olive oil to blend. Season with salt and pepper and set aside.
3. In a large dry non-stick skillet, set over medium-high heat, add pine nuts and stir constantly until golden brown, about 4 minutes. Remove from skillet and set aside. Return skillet to heat and add 2 teaspoons olive oil. Working in batches as necessary so as not to overcrowd the skillet, gently place trout fillets, skin-side up and cook until golden brown, about 2 minutes. Carefully flip fish over and cook the other side until fish is cooked through, about 2-3 minutes. Remove from pan, keep warm and cook second batch of fish, adding more oil as necessary.
4. To serve, pour 1 tablespoon vinaigrette over zucchini and watercress, season with salt and pepper and gently toss. Divide equally between 4 plates, set trout over top of zuc-

chini and sprinkle pine nuts around fish. Spoon remaining vinaigrette over fish or serve on the side to be poured over fish as desired.

## Spicy Caramelized Pecans & Cranberry Brie

Recipe Developed by Dana McCauley.

**SERVES 6**  
**PREP TIME: 10 MINUTES**  
**COOKING TIME: 5 MINUTES**

### INGREDIENTS:

- 1/2 cup lightly packed brown sugar
- 1/4 cup corn syrup
- 1/4 cup unsalted butter
- 1/4 teaspoon baking soda
- 1/4 teaspoon salt
- 1 teaspoon hot pepper sauce
- 1-1/2 cups pecan halves, roughly chopped
- 1/2 cup dried cranberries
- 1 3-inch round, Brie cheese

### METHOD:

1. Combine brown sugar, corn syrup and butter in a small, heavy-bottomed saucepan set over medium heat. Stir mixture until it comes to a boil. Boil gently, without stirring, for 1 minute.
2. Remove from heat and, shielding hands with oven mitts, quickly whisk in baking soda. Stir in salt, hot sauce, pecans and dried cranberries until mixture begins to set, about 30 seconds.
3. Working quickly, mound warm nut mixture on top of Brie and let caramel cascade down sides of cheese.



## Liquid Assets

### Peter Rockwell

metronews.ca/liquidassets

## Wine & brew: Cheers to U2

Leave it to me to bring wine to a tailgate party. OK, while I'm not much of a football fan, my

trip to Gillette Stadium in Foxboro (just outside Boston) two weeks ago wasn't to see a game. Me and 60,000 of my closest friends (including Tom Cruise) were there to experience U2.

Tom didn't join us for a pre-concert tipple in the stadium's massive parking lot, but just about everyone else did. Though I kept things simple with my bottle of American-made 2007 Robert Mondavi Private Selection Cabernet Sauvignon (\$18.95 - \$19.99) and a couple of glasses; hundreds of others came prepared to party.

Of course Boston is a beer town and Samuel Adams' Boston Lager (6 x 355 ml, \$12.10 - \$15.99) is its lifeblood; combining the depth of an English ale with the refreshing personality of a Euro lager.

So how was the concert? To quote Bono: "Magnificent."



WHILE I RESPECT YOUR EFFORTS FOR ATTENTION, BLINKING MESSAGE LIGHT, YOUR NEEDINESS DISGUSTS ME.

ESCAPE THE OFFICE DRAMA.

45 MINUTE COMEDIES & MUSICALS. DAILY AT LUNCHTIME.

LUNCHBOX THEATRE

AT THE BASE OF THE CALGARY TOWER  
LUNCHBOXTHEATRE.COM

ENCANA

TransCanada

TELUS

BD&P

Alberta Foundation for the Arts

arts

Canada Council for the Arts / Conseil des Arts du Canada

POWER LUNCH. A COMEDY FROM THE AUTHOR OF AMERICAN BEAUTY, SIX FEET UNDER AND TRUE BLOOD. SEPT. 14 UNTIL OCT. 10. TICKETS JUST \$15-18.



In a frenzy to score tickets to the Michael Jackson music documentary *This Is It*, fans began lining up three days earlier and snapped up all 3,000 tickets to the L.A. advanced screenings in just two hours on Sunday. **METRO NEWS SERVICES**

# Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

## Monkeys mellow out

Scrappy British rockers took their time making third album

CAM LINDSAY  
for Metro Canada

Just three years ago Arctic Monkeys became an overnight rock 'n' roll phenomenon in the U.K. when the band released its debut album, *Whatever People Say I Am, That's What I'm Not*.

It set the record for the fastest-selling debut album, won the highly coveted Mercury Prize and a BRIT Award for Best Album. For a bunch of 20-year-olds the whirlwind experience must have put them on the brink of losing it, but frontman Alex Turner talks like it was just part of their job.

**"When we started off we were kind of wild and treacherous, but I think we really trimmed it back while we were with Josh (Homme)."**

Alex Turner

"I don't think we were ever gonna crack," he says. "It seems different to me being involved in it. We all grew up on the same street practically, we've known each other for a number of years now and I guess that helps you by-pass a lot of that bulls—."

Things have certainly calmed down over the last two years for Turner who says that "it's a really good feeling, these days." After rushing a second album, the band was not only

able to take its time with album number three, but do it out in the Mojave Desert with Queens of the Stone Age lynchpin Josh Homme.

The partnership had many imaginations running wild over what kind of heaviness Homme could bring to the band's third album *Humbug*, but Turner says it brought very different results.

"When we started off we were kind of wild and treacherous, but I think

we really trimmed it back while we were with Josh," he says. "Before that the songs were full-on and fast. And then we kind of elected to change the plan a little bit and then slowed down and mellowed out compared to our first two records."

"We really wanted to shed our skins after the first album, and prove to ourselves that it wasn't just luck. We did rush that second album, but I think because of that we were able to breathe a little bit more before we made this record. The whole process of *Humbug* was a lot more relaxed."

*Humbug* is looser, more impulsive and darker than



### Quick hitch

In what proved to be an elegant finale to their month-long courtship, Khloe Kardashian wed Los Angeles Laker Lamar Odom on Sunday evening at a private residence in Beverly Hills. **PEOPLE.COM**



The Arctic Monkeys got some help from Queens of the Stone Age frontman Josh Homme on its latest album *Humbug*.

its predecessors. While it might not be the album some people expect from the band at this stage, one thing's for sure: the band's dynamic two-guitar blast is better than ever.

According to Turner the desert sessions helped them confront a fear of

theirs. "We learned a lot working with Josh and (engineer) Alain Johannes in the guitar department especially. Solos, I think we'd always been frightened of before this record, but they encouraged Jamie (Cook) and I to step it up."

CA	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/29/09	267	351	- ACCESS	Alberta Primetime (Live)	Monk		Wife Swap		So You Think You Can Dance		Primetime
	243	317	3 CFCN	etalk	Hollywood	You Can Dance	Law & Order: SVU		Dancing With the Stars		CTV News
	-	4	OMNI	The Office	The Simpsons	Omni News: S. Asian Edition	Omni News: Cantonese Edition		Two/Half Men	Two/Half Men	Metropia
	-	371	5 KJLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)		Shark Tank (N)		The forgotten
	245	306	6 CBRT	Wheel-Fortune	Jeopardy! (N)	Rick Mercer	22 Minutes		Being Erica (N) (DVS)		The Hour
	244	336	7 CICT	ET Canada	Entertainment	The Good Wife (N)	NCIS "Reunion" (N)		CBC News: The National		News Hour
	246	-	8 CKAL	Hell's Kitchen (N)		The Jay Leno Show (N)	The Biggest Loser (N)		NCIS: Los Angeles (N)		Your City
	119	705	9 CBXFT	Virginie (SC)	La Factice	Providence (HDTV) (N) (SC)	Aveux Carl refait surface. (SC)		Le Téléjournal Nouvelles. (SC)		TJ Alberta
	-	-	10 SHAW	(6) Local Programming					Local Programming		
	-	372	12 KREM	News	Hollywood	The Doctors	NCIS "Reunion" (N)		NCIS: Los Angeles (N)		The Good Wife
news	-	374	14 KSPS	NewsHour With Jim Lehrer		Paving the Way: National	The National Parks: America's Best Idea (N) (DVS)		CBC News: The National		News Hour
	502	395	15 CBC	CBC News: The National		CBC News: The fifth estate	CBC News: The National		CBC News: The National		News Hour
	-	370	16 KHO	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune		CBC News: The National		News Hour
	-	373	22 KAYU	The Office	Raymond	Two/Half Men	Two/Half Men		Hell's Kitchen (N)		News Hour
	297	652	37 WPIX	Melrose Place Vines (N)		PIX News at Ten Tong.	Two/Half Men	Friends	Friends	According-Jim	Family Guy
	500	500	29 CNN	Larry King Live (N)		Anderson Cooper 360 (HDTV)		Friends	Larry King Live		Cooper 360
	508	502	31 CNN2	The Joy Behar Show		Nancy Grace	Showbiz Tonight		The Joy Behar Show		Nancy Grace
	400	400	21 TSN	2009 World Series of Poker		SportsCentre (HDTV) (Live)	Off the Record		Top 10-Olympic Moments		NASCAR Race
	408	418	27 net	MLB Baseball		Sportsnet Con.	MLB Baseball Los Angeles Dodgers at San Diego Padres.		Score Now		Sportsnet Con.
	410	403	30 SCORE	X-Fighters		Score Now	Score Now		Score Now		Score Now
sports	411	457	44 OLN	Survivorman		Ghost Hunters	Bounty Hunter	Bounty Hunter	Survivorman		Ghost Hunters
	417	406	48 SPEED	Super Bikes!	Super Bikes!	Jacked!	Jacked!	Pimp My Ride	Monster Jam (HDTV)		Super Bikes!
	552	543	20 YTV	iCarly		Drake & Josh	Prank Patrol	Malcolm-Mid.	8 Simple Rules	What I Like	Family Biz
	557	541	39 FAM	Zoey 101		Wizards-Place	Han. Montana	Zack & Cody	Life Derek		Ned's School
	555	545	67 TOON	Jimmy Two	Johnny Test	Scooby-Doo	Total Drama	Total Drama	Futurama	King of the Hill	American Dad
	575	583	11 CMT	According-Jim		Home Improve.	Home Improve.	Wilson	Reba		According-Jim
	553	546	17 TREE	Little Bear	Maggie-Beast	Babar	Zigby	Max & Ruby	Dragon (DVS)		Backyardigans
	505	398	19 TWN	(5) EarthWatch One		EarthWatch One		EarthWatch Two			Go, Diego, Go!
	602	568	23 W	House	Style by Jury	Old Christine	Friends	Friends	Grocery Bag	Style by Jury	Style by Jury
	521	560	24 TLC	18 Kids-Count	18 Kids-Count	Growing Up Tiny: Kenadie	Kenadie	Cake Boss	Cake Boss	18 Kids-Count	18 Kids-Count
family	603	561	25 FOOD	Hell's Kitchen (N)		Good Eats	Good Eats	Iron Chef America	Unwrapped	Unwrapped	Hell's Kitchen
	615	520	26 A&E	Manhunters	Manhunters	Manhunters	Manhunters	Manhunters	The First 48 (HDTV)		Manhunters
	617	522	32 SHOW	Trailer Park		The Outer Limits		Disaster Zone: Volcano in New York (2006, Action)			Bones
	601	562	33 SLICE	Wedding SOS	Wedding SOS	Bulging Brides	Bulging Brides	ET Canada	What Happen?	Biggest Loser Australia	Beauty, Geek
	-	633	34 ENC2	(7:05) Crooklyn ** (1994, Drama)	Alfre Woodard.			Get on the Bus *** (1996, Drama)	Richard Belzer.		The Brothers
	520	505	35 DISC	Destroyed	Destroyed	American Loggers (N)		Daily Planet	Destroyed	Destroyed	Amer. Loggers
	620	523	36 BRAVO	Freddie Mercury		In the Shadow of the Blues		Law & Order	Without a Trace		Fire-Arizon
	294	500	40 WPCW	Law & Order: SVU		The Fugitive *** (1993, Suspense)	Harrison Ford, Tommy Lee Jones.		About Schmidt (2002)		House Party
	626	547	41 COM	Just for Laughs		Air Force	22 Minutes	Corner Gas	Name Is Earl		The Simpsons
	-	539	42 TCM	(6) The Bride Wore Black		The Road Builder *** (1971, Suspense)	Patricia Neal.		Obsession *** (1976, Suspense)		Obsession ***
cable variety	628	584	43 SPIKE	DEA "Operation Pill Grinder"		DEA "Up the Ladder" (HDTV)		Surviving Disaster "Avalanche"	DEA "Deadly Chase" (HDTV)		CSI: Crime Scn
	522	516	45 HIST	Ultimate Engineering		Ancient Discoveries		Cities of the Underworld	Cities of the Underworld		Engineering
	627	528	46 SPACE	Medium (N)		Fringe (HDTV) (N)		InnerSpace (N)	Stargate SG-1		Star Trek: Next Gener.
	-	47	47 AMC	(6) Any Given Sunday *** (1999, Drama)	Al Pacino, Cameron Diaz.			Kiss Kiss, Bang Bang *** (2005, Suspense)			
	619	525	49 TROP	Prod. Parker	Prod. Parker	70s Show	70s Show	The Outer Limits	ET Canada	Switch	Family Guy
	600	564	50 HGTV	Pro Design	Genevieve	House Hunters	House Hunters	Homes on Homes	HGTV's Top 10	Design Inc.	Pro Design
	501	391	52 CTV	CTV News Tonight		News	CTV News	News	News	CTV News	News
	504	508	70 BNN	Squeeze Play		Business News	Commodities	Market Call Tonight	Headline	Commodities	Squeeze Play
	526	507	92 VIVA	The Closer		Da Vinci's Inquest		Mediums	In Dreams		Missing
	260	350	93 APTN	Fish Out of	Mixed Blessing	Cashing In	Rabbit Fall	First Nation	Moose TV		Short Cuts (N)
cable variety	-	94	MCP	World News	News	Banquet	Boys Over Flo	II Caffe	In Germany	Euroamxx	Schauplatz
	571	586	100 MMM	Wild 'n Out	Wild 'n Out	High School Reunion		The Daily Fix	Wild 'n Out	Wild 'n Out	H.S. Reunion
	570	580	101 MM	Starmaker		MuchNews	My Date With...	One Tree Hill	Starmaker		MuchNews
	581	566	102 MTV	The Hills		The Hills		MTV Live	MTV News		The Hills
	-	116	TV5	(6) Pekin express		Aveniris	Hors série	TV5 Le Journal	Panique dans l'oreillette		

### critics'corner

#### Rick Mercer Report

He's nothing if not topical, and when it gets cold, the hot topic will be the Winter Olympics. So expect Rick to offer his take on the happenings in Vancouver and maybe try out an event or two, as he did last season with a visit to wheelchair curlers and the Para-Alpine Ski Team. The new season will also include favorites from past ones. 8 PM on CBRT



#### The Good Wife

Alicia and Will take the case of a stripper who claims she was sexually assaulted while working the bachelor party of one of Chicago's most prominent businessmen. Christine Baranski, Archie Panjabi, Matt Czuchy and Chris Noth also star in the new episode "Stripped." 8 PM on CICT; 11 PM on KREM

#### The Biggest Loser

The contestants get an offer that is very hard to refuse, although it means losing trainers Bob Harper and Jillian Michaels for the week. Later, the players face their first temptation, which will leave the winner with control over the weigh-in. Jillian grows frustrated with a contestant she thinks is too focused on playing the game. Alison Sweeney hosts. 9 PM on CKAL KHQ

## Gaga asks fans not to judge West

**MUSIC** Kanye West can rest assured that new tourmate Lady Gaga has got his back.

Gaga said yesterday that it was unfair for fans to judge West for his onstage confrontation with Taylor Swift at the MTV Video Music Awards earlier this month. "I can tell you that he's very sorry, and he made a mistake, and he knows it," said Gaga.

"But at the end of the day, he is a pioneer in hip-hop music, and he changed what hip-hop music means. And I think that it's time for everyone to kind of take their heads out of the newspapers and remember that, in truth, Kanye's making most of the music we hear on the radio today."

THE CANADIAN PRESS

## Kenya'sStyle

**Kenya Hunt**

Exclusively at  
metronews.ca/globalstyle

For complete online movie listings, trailers, reviews and tickets, visit:  
**metronews.ca/movies**



## DVD picks



### Monsters vs. Aliens

Director: **Rob Letterman, Conrad Vernon**

**SLIP ON YOUR 3-D SPECS** and dig the 1950s-ish angle of this animated comedy: Patriotic Yankee monsters who are summoned to save the planet from a four-eyed alien nerd.

These monster mash-ups are rad, dad, all blasts from classic films. The best of them are Gnormica (Reese Witherspoon), a giantess just one inch shorter than the title freak of Attack of the 50 Ft. Woman, and B.O.B. (Seth Rogen), a sapphire splodge getting jiggy with the icky entity from The Blob.

It's a bit of a stretch to say they're fighting "aliens." It's really just one megalomaniac midget who goes by the vainglorious handle Galaxhar (Rainn Wilson).

Co-directors Rob Letterman (Shrek Tale) and Conrad Vernon (Shrek 2) have packed everything but a tray of Rice Krispie squares into the tale (although there is a Jell-O mould), and it's clear the project was near and dear to their geeky li'l hearts.

It's almost too much love. Combining outer-space Armageddon with female empowerment makes for an embarrass-

ment of riches.

But the characters are fun, and now that we've met them, let's hope for a boffo sequel.

Extras include four pair of 3D glasses, a commentary track, deleted scenes, behind-the-scenes featurettes and a bonus cartoon about Rogen's B.O.B. character.



### The Girlfriend Experience

Director: **Steven Soderbergh**

**MORE ABOUT THE IDEA** of sex than the act of it, Steven Soderbergh's exploration of lust for sale is low on carnality but big on authenticity.

Real-life porn star Sasha Grey is Chelsea, a New York prostitute who commands top dollar for providing the illusion of emotional attachment along with sexual gratification.

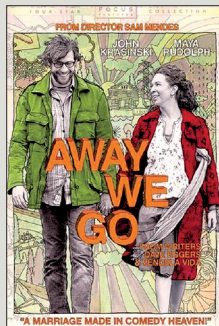
There's no sex and very little nudity in the film, which will disappoint anyone who doesn't know the director's Spartan aesthetic, in which art always triumphs over orgasms.

Grey makes for a fascinating Soderbergh surrogate, balancing curiosity and drive with the desire for emotional detachment.

On the basis of her work here, she may have

a career outside of adult films, which she says she wants.

Extras include a discussion of the film between Soderbergh and Grey plus a promotional featurette.



### Away We Go

Director: **Sam Mendes**

**DRAMATICALLY INCLINED DIRECTOR** Sam Mendes veers wildly off track with this attempt at a road comedy depicting narcissistic layabouts seeking advice for their impending parenthood.

Vacuous Verona (Maya Rudolph) and bumbling Burt (John Krasinski) at least have good hearts and genuine chemistry; most of the people they meet on their twee trek are hateful or pathetic stereotypes.

This a trip to dead-end Quirkville, where nobody is allowed to be a real human being because it would spoil the illusion of Verona and Burt being the last of the innocent lovers.

The film is penned by real-life couple Dave Eggers and Vendela Vida, successful authors who should stick to their day jobs. Extras include a commentary with Mendes, Eggers and Vida, plus two featurettes.

PETER HOWELL/  
FOR METRO CANADA

## Metro Global Photo Challenge

LET THE WORLD SEE THROUGH YOUR EYES

PHOTO OF THE DAY



whistlersled  
Canada

'Vancouver from the air'

metrophotchallenge.ca

metro

## ninth avenue auto

Check out these **HOT DEALS!**



06 Chevrolet Cobalt

**\$10,888**

**\$115 Bi-weekly\***



08 Toyota Yaris

**\$12,888**

**\$124 Bi-weekly\***



04 Kia Sedona

**\$7,888**

**\$87 Bi-weekly (\$0 Down)\***



06 Chevrolet Equinox

**\$14,888**

**\$141 Bi-weekly\***



06 Honda Ridgeline

**\$23,888**

**\$224 Bi-weekly\***

Bring in this ad OR mention you saw it in METRO to receive a FREE Garmin GPS with the purchase of any vehicle.\*\*



ninth avenue auto

1234 - 9th Ave SE

403-262-2226

www.ninthavenueauto.com

\*Payment is based on 10% down over 60 months OAC \*\*Offer valid through September 30, 2009

BIG COMEDY  
BIG LAUGHS

YJ Big Fun  
WEEKNIGHTS

MON-THURS 8PM E/P

EVERYBODY  
HATES CHRIS

8:30PM E/P

8 SIMPLE RULES  
FOR DATING MY TEENAGE DAUGHTER

9PM E/P

WHAT I LIKE  
ABOUT YOU

9:30PM E/P

MALCOLM  
IN THE MIDDLE

8PM E/P





Original Melrose Place hunk Andrew Shue, left, and Today's Amy Robach are engaged, People reports. Both Shue, 46, and Robach, 36, are recently divorced, according to the magazine. **TVGUIDE.COM**

**Shue, Robach engaged**

# Global wrangle over Polanski

## Director determined to defend himself: Lawyer

**Imprisoned director Roman Polanski is in a "fighting mood" and will battle U.S. attempts to have him extradited from Switzerland to California to face justice for having sex with a 13-year-old girl in 1977, his lawyer said yesterday.**

An international tug-of-war over the 76-year-old director escalated yesterday as France and Poland urged Switzerland to free him on bail and pressed U.S. officials all the way up to Secretary of State Hillary Clinton on the case.

Polanski was in his third day of detention after Swiss police



Roman Polanski

arrested him Saturday on an international warrant as he arrived in Zurich to receive a lifetime achievement award from a film festival. Authorities in Los Angeles consider Polanski a "con-



A man holds a "Free Polanski" sticker as he waits at the film festival in Zurich Sunday. Famed director Roman Polanski was apprehended by Swiss authorities Saturday on an international warrant.

victed felon and fugitive." The director had pleaded guilty to unlawful sexual intercourse in 1977 with a 13-year-old girl. He was sent to prison

for 42 days but then the judge tried to renege on the plea bargain. On the day of his sentencing in 1978, aware the judge would sentence him to more prison time, Polanski fled to France.

Polanski has told Swiss officials that he will contest a U.S. request that he be transferred to the United States, attorney Herve Temime said in an email. Temime said Polanski's legal team

would try to prove that the U.S. request was illegal and that the Oscar-winning director should be released from Swiss custody.

"Taking into account the extraordinary conditions of his arrest, his Swiss lawyer will seek his freedom without delay," Temime said.

The lawyer said

**"(Polanski was) thrown to the lions ... there is a scary America that has just shown its face."**

French Culture Minister Frederic Mitterand

he was able to speak with Polanski from his Zurich cell.

"He was shocked, dumbfounded, but he is in a fighting mood and he is very determined to defend himself," Temime said.

While France expressed hope that Polanski would be freed shortly, Swiss officials said there would be no rash decision.

In Paris, French Foreign Minister Bernard Kouchner said he hoped Polanski could be quickly freed by the Swiss, calling the apprehension a "bit sinister." He and his Polish counterpart Radek Sikorski wrote to Clinton and called Swiss Foreign Minister Micheline Calmy-Rey about the case.

"(Polanski was) thrown to the lions," said French Culture Minister Frederic Mitterand. "In the same way that there is a generous America that we like, there is also a scary America that has just shown its face."

THE ASSOCIATED PRESS



Only B.O.B.'s Big Break can be viewed in 3D

Monsters vs. Aliens ©, B.O.B.'s Big Break TM & © 2009

## Polish filmmakers rally around Polanski

Oscar-winning director Andrzej Wajda and other Polish filmmakers appealed Monday to U.S. and Swiss authorities to free Roman Polanski, decrying his arrest as a "provocation."

Their appeal came as the Polish and French governments wrote to U.S. Secretary of State Hillary Clinton and called up Swiss Foreign Minister Micheline Calmy-Rey about the case.

The Polish Filmmakers Association called on Switzerland to immediately release Polanski and urged U.S. officials to review their indictment.

In a letter on their website, the Polish filmmakers noted Polanski's "great contribution to the world

of cinematography" and criticized his arrest as he arrived to receive a lifetime achievement award from the Zurich Film Festival as a "provocation."

They said Polanski's action decades ago deserves a "negative moral evaluation" but said he fled America fearing that he would not have a fair trial.

Polanski, the director of Chinatown, Rosemary's Baby and The Pianist, reached a plea deal in 1978, but was threatened with more prison time than previously agreed upon and fled to France before he was formally sentenced.

Jacek Bromski, the head of the Polish Filmmakers Association, said in the



Andrzej Wajda

eyes of the public, Polanski has already "atoned for the sins of his young years."

"He has paid for it by not being able to enter the U.S. and in his professional life he has paid for it by not being able to make films in Hollywood," Bromski said.

Polanski spent his child-

hood and early adult years in Poland and survived the Holocaust there thanks to strangers who hid him in the countryside. He made his feature debut with the 1963 psychological thriller Knife in the Water, considered today a Polish classic film, before leaving for the West.

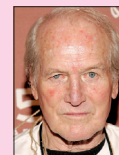
His international success has been a source of pride for many Poles. "He survived the Holocaust, was in hiding during World War II, he left Poland because he did not accept the communist system, he sought to turn his dreams into life," noted Agnieszka Odorowicz, the head of Poland's Film Institute.

THE ASSOCIATED PRESS

## Dad enjoyed being Nixon's enemy: Newman's daughter

**LEGEND** Paul Newman liked to joke about his trademark blue eyes, musing that if they turned brown his career might be in jeopardy, and was delighted to learn he was on Richard Nixon's enemies list, the Academy Award-winning actor's daughter said Monday.

Nell Newman, whose father died a year ago at age 83, gave a rare glimpse into the actor's life in an interview with The Associated Press. She was meeting with reporters in Connecticut as part of an effort by her company, Newman's Own Organics, to highlight its partnership with McDonald's Corp. The fast food chain sells



Newman

Newman's Own coffee at some of its restaurants in the Northeast.

She said her father considered himself

lucky and wanted to give back, leading to his passion for philanthropy.

"He always used to joke if his eyes turned brown, what would happen to his career," she said. "He always felt he was just really lucky."

Newman believed in supporting small organizations that did not have wealthy connections, his daughter said.

THE ASSOCIATED PRESS



**Kasabian gets a Gallagher**

Noel Gallagher is joining Kasabian. The rock legend — who quit Oasis last month after a furious row with brother, and the group's frontman, Liam — will appear with the band on its forthcoming U.K. tour. [FEMALEFIRST.CO.UK](http://FEMALEFIRST.CO.UK)

# 70 years on, back to Oz in Blu Ray

## Original Munchkins celebrate release

RICHARD CROUSE  
for Metro Canada



**"We always say the age range for *The Wizard of Oz* is from fetal to fatal," jokes Oz expert John Fricke. It's a funny line, but there is a ring of truth to it.**

The movie, whose birthday is being commemorated by the lovingly restored *Wizard of Oz*: 70th Anniversary Ultimate Collector's Edition Blu Ray, is beloved by old and young. For the surviving cast members the appeal is easy to define.

"Everybody can enjoy it," says Karl Slover, age 91, who was just two feet tall when he



Singer Ashanti rides in a hot air balloon at the Wizard of Oz 70th Anniversary Emerald Gala at Tavern in New York.

played the first trumpeter. "There's no filthy language in it. I don't see no bikinis! No nudist colonies! Kids can watch it and parents don't have to worry because there's nothing bad in there."

Slover is one of just six actors left of the 124 "little people" assembled to play the

Munchkins in the film. He had some previous film experience but not all the actors were Hollywood regulars.

"I was in the movie because I was the right size and that's all they wanted," says Villager Munchkin Ruth Duccini, age 91, who adds that she can't sing or dance very well.

"I grew up in a small town in Minnesota and I didn't know there were other little people." But once she got on set she found she wasn't alone. "I remember all the little people and that was so great; 123 people that you could stand and talk to without talking to a belly-



Original Munchkins Jerry Maren, Margaret Pellegrini and Karl Slover attend the Wizard of Oz 70th Anniversary Emerald Gala in New York last week.

button."

Ruth adds that star Judy Garland was just as excited about having all little people in one place as she was and Munchkin Flowerpot Hat dancer Margaret

Pellegrini (age 86) says Garland treated all the Munchkins to candy and a keepsake at Christmas.

"On Christmas Eve morning when she came to work she

opened the door to her (dressing room) and there she had a whole stack of black and white pictures and she invited each and every one of us in and gave each a picture. Mine says 'To Margaret from your pal Judy.' I still have it."

Garland's daughter Lorna Luft says her mom loved working on *The Wizard of Oz*. "This movie was special for her. She told me the hardest thing about the film was being afraid of (Wicked Witch) Margaret Hamilton because she was very sweet. She also told me that unfortunately the dog had the worst breath."



## O.B.'s All-New 3D Adventure Tuesday, Sept. 29

© DreamWorks Animation LLC. All Rights Reserved.



**DREAMWORKS**  
ANIMATION SKG  
HOME ENTERTAINMENT

## Lucy, who inspired Beatles song, dies

Lucy Voddan, who provided the inspiration for the Beatles' classic song *Lucy in the Sky with Diamonds*, has died after a long battle with lupus. She was 46.

Her death was announced yesterday by St. Thomas' Hospital in London, where she had been treated for the chronic disease for more than five years, and by her husband, Ross Voddan.

Britain's Press Association said she died last Tuesday. Hospital officials said they could not confirm the day of her death.

Voddan's connection to the Beatles dates back to her early days, when she made friends with school-mate Julian Lennon, John

Lennon's son.

Julian Lennon, then four years old, came home from school with a drawing one day, showed it to his father, and said it was "Lucy in the sky with diamonds."

At the time, John Lennon was gathering material for his contributions to the 1967 album *Sgt. Pepper's Lonely Hearts Club Band*.

The elder Lennon seized on the image and developed it into what is widely regarded as a psychedelic masterpiece, replete with haunting images of "newspaper taxis" and a "girl with kaleidoscope eyes."

Rock music critics thought the song's title was a veiled reference to

**"I don't relate to the song, to that type of song."**

Lucy Voddan

LSD, but John Lennon always claimed the phrase came from his son, not from a desire to spell out the initials LSD in code.

Voddan lost touch with Julian Lennon after he left the school following his parents' divorce, but they were reunited in recent years when Julian Lennon, who lives in France, tried to help her cope with the disease.

He sent her flowers and vouchers for use at a gardening centre near her

home in Surrey in south-east England, and frequently sent her text messages in an effort to buttress her spirits.

"I wasn't sure at first how to approach her," Julian Lennon told the Associated Press in June. "I wanted at least to get a note to her. Then I heard she had a great love of gardening, and I thought I'd help with something she's passionate about, and I love gardening too. I wanted to do something to put a smile on her face."

In recent months, Voddan was too ill to go out most of the time, except for hospital visits.

She enjoyed her link to the Beatles but was not particularly fond of Lucy in



John Lennon's son Julian's childhood friend Lucy Voddan inspired the Beatles song *Lucy in the Sky with Diamonds*, which was included in the album *Sgt. Pepper's Lonely Hearts Club Band*.

the *Sky with Diamonds*.

"I don't relate to the song, to that type of song," she told the Associated Press in June. "As a teenager, I made the mistake of telling a couple of friends at school that I was the

Lucy in the song and they said, 'No, it's not you, my parents said it's about drugs.' And I didn't know what LSD was at the time, so I just kept it quiet, to myself."

THE ASSOCIATED PRESS



Claire Danes and British actor Hugh Dancy got married in a low-key wedding in France. The pair tied the knot earlier this month at a small ceremony attended by family and close friends, an insider says. LIFEANDSTYLEMAG.COM

## Celebrity Buzz

### Celebrity tweets

Eddie Izzard proves of your work, Mother Nature, **Katy Perry** spends the evening in, and **Paula Abdul** feels the burn.

• @eddieizzard Great sunset today. Well done September.

• @katyperry Had 2 give up my Brit Spears tix 4 tonight, heart breaking! Have to focus on something more important... secret (sittin@ home watchin spun!)

• @PaulaAbdul I am so sore today! I know its weird but it makes me feel good to be sore after a hard work out. It means I did a good job. Results now plz!



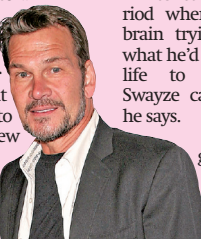
## Swayze knew he was 'dead man'

**BOOK CONFESSIONS** "When my doctors at Cedars-Sinai in Los Angeles said the words 'pancreatic cancer,' a single thought popped into my head: I'm a dead man," says the late actor Patrick Swayze, who two weeks ago died of the disease at age 57.

His inner thoughts on his acting career, his illness and his legacy are being aired in his audiobook *Time of My Life*, which Simon & Schuster released yesterday.

In the tapes, which Swayze narrated himself (along with Lisa Niemi), the actor recalls how he sank into a miasma of "anger, bitterness and despair" soon after finding out that he wasn't likely to live past a few months.

News of his cancer diagnosis was first announced



in spring 2008. He wrote his memoirs in June 2009 at his home in New Mexico.

After struggling with a period where he racked his brain trying to figure out what he'd done wrong in his life to deserve cancer, Swayze came out fighting, he says.

"I was not ready to go, and I'd be damned if this disease was going to take me before I

was good and ready," he says. "So I said to my doctor, 'Show me where the enemy is and I'll fight him.'"

The actor also looks back on his life, including one of the highlights of his career — the pottery-making moment with Demi Moore in 1990's *Ghost*. "We really made up the scene as we went along," he says. "It was pretty sexy playing in all that clay, so all we had to do was go with it ..."

METRO NEWS SERVICES

## No baby talk for Jude

**HIS LIPS ARE SEALED** Jude Law made a stop at *Live with Regis and Kelly* recently to promote his Broadway run in *Hamlet*, but one topic of conversation quite conspicuously didn't come up. During the chat, no one mentioned

the baby Law recently had with Samantha Burke. METRO NEWS SERVICES



## Lautner dislikes body talk

**MUSCLE BOUND** Fans have been howling over Taylor Lautner, who has packed on 30 pounds of muscle to play werewolf Jacob in the Twilight sequel *New Moon*, *us-magazine.com* reports.

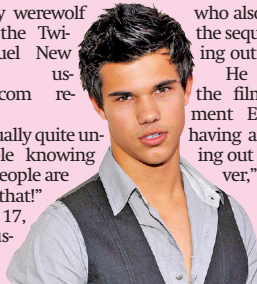
"It's actually quite uncomfortable knowing so many people are seeing that!" Lautner, 17, told *us-maga-*

*zine.com*. "It's a little bit embarrassing!"

Beefing up took "a lot of hard work," said Lautner, who also goes shirtless in the sequel. "Eating, working out — a lot of stuff."

He is now shooting the film's third installment *Eclipse*. "We are having a lot of fun hanging out up in Vancouver," he said.

METRO NEWS SERVICES



## Roberts' hours irritate locals

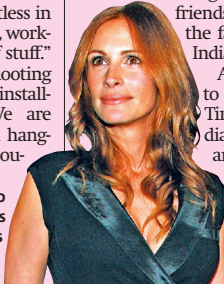
**COMPLAINTS, COMPLAINTS** Julia Roberts' shooting schedule for *Eat, Pray, Love* isn't making her any friends among the faithful in India.

According to the *Times of India*, locals are furious that the production has taken over a

temple and restricted access.

"They are allowing entry in the temple only between 6 a.m. and 8 a.m. in the morning and 6 p.m. and 9 p.m. in the evening," one source tells the newspaper. "It is really bad that even devotees are being barred from entering the Ashram."

METRO NEWS SERVICES



## Courtney hot for Venezuelan prez?

**THOSE LATIN MEN** It's being reported that Courtney Love was swept off her feet recently by Hugo Chavez after meeting the Venezuelan president at a screening of Oliver Stone's new documentary, *South of the Border*. "It was the third wink that sold me," Love tells *Gatecrasher*.

METRO NEWS SERVICES

IF YOU LIKE GETTING  
BAD NEWS FIRST,  
WE'VE GOT GOOD NEWS  
FOR YOU.

INSTANT NEWS UPDATES ON YOUR PHONE.

FROM AROUND THE GLOBE TO AROUND THE CORNER, GET UP-TO-THE-MINUTE COVERAGE WITH METRO MOBILE.

m.metronews.ca

We are all connected. Register together today at [www.cbcbf.org](http://www.cbcbf.org). Unite with the people around you for the Canadian Breast Cancer Foundation CIBC Run for the Cure. Walk, Run and Give Generously. On Sunday, October 4, Who are you running for?"

CIBC Run for the Cure  
CANADIAN BREAST CANCER FOUNDATION



Queen's University Rugby Team

CANADIAN BREAST CANCER FOUNDATION  
FONDATION CANADIENNE DU CANCER DU SEIN

Title Sponsor



National Sponsors



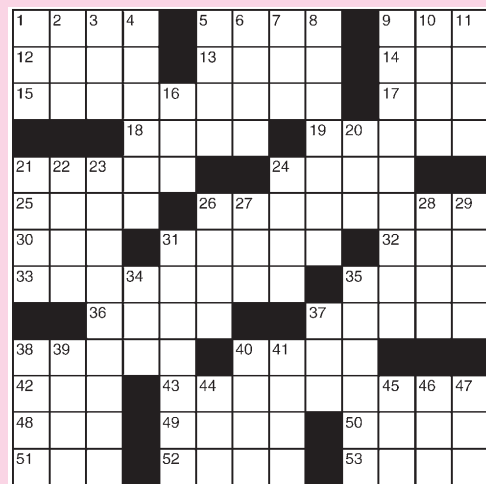




**Andrew Schultz, Weather Specialist – Breakfast Television**

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta."

WEEKDAYS AT 6 A.M.



**ACROSS**

- 1 Burden
- 5 Tulip, at first
- 9 Wildebeest
- 12 Crumbly cheese
- 13 Screenwriter James
- 14 Erstwhile acorn
- 15 Is unhappy
- 17 Prior night
- 18 Salver
- 19 Firetruck gear
- 21 Memory units
- 24 Bob's "Road" co-star
- 25 Stentorian
- 26 Book before Ecclesiastes
- 30 Blunder
- 31 Ralph of "The Waltons"
- 32 Mound stat
- 33 They drill and fill
- 35 Squad
- 36 Deadly septet
- 37 Treasury
- 38 Carried on
- 40 Ski lift type
- 42 "Ben—"
- 43 Angry
- 48 Coach
- Parseghian
- 49 Elliptical
- 50 Tittle
- 51 Has permission
- 52 Leaf gatherer
- 53 Out of bounds

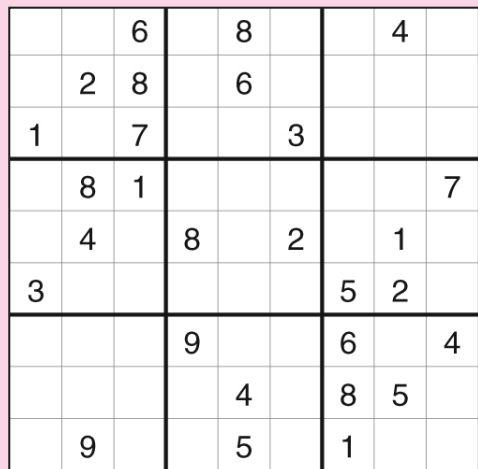
**DOWN**

- 1 Vacationing
- 2 Born
- 3 Salt Lake athlete
- 4 Tended an icy walkway
- 5 Ali —
- 6 Unsightly
- 7 Romanian money
- 8 Marge
- Simpson's 'do
- 9 Becomes eco-friendly
- 10 Church area
- 11 Guitars' kin
- 16 Former jrs.
- 20 Indivisible
- 21 Evidenced a cut
- 22 Days gone by
- 23 Ages, maybe
- 24 Automaton, for short
- 26 Bridge option
- 27 Fabric-dye brand
- 28 Pitt or Paisley
- 29 — Club (discount store)
- 31 With 34-Down, broad neckwear
- 34 See 31-Down
- 35 Bombastic
- 37 Enthusiast
- 38 "Pow!"
- 39 Emanation
- 40 Ship-building wood
- 41 Ill will
- 44 Actress
- Mendes
- 45 Shad product
- 46 Greek vowel
- 47 Pop

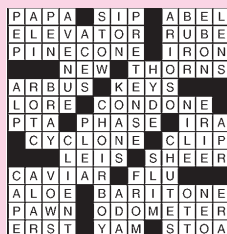
**Sudoku**

For more/less challenging Sudoku puzzles, visit [metronews.ca](http://metronews.ca)

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



**PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:**



**On the web**

For more games and 60 additional daily cartoon strips, visit [metronews.ca](http://metronews.ca)



**Metro Recipe of the Day**



**Bruschetta Chicken**

**INGREDIENTS:**

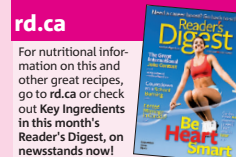
- 1/2 cup (125 ml) all-purpose flour
- 2 eggs, lightly beaten
- 4 boneless skinless chicken breast halves
- 1/4 cup (50 ml) grated Parmesan cheese
- 1/4 cup (50 ml) dry bread crumbs
- 1 tbsp (15 ml) butter, melted
- 2 large tomatoes, seeded and chopped
- 3 tbsp (45 ml) minced fresh basil
- 2 garlic cloves, minced
- 1 tbsp (15 ml) olive oil
- 1/2 tsp (2 ml) salt
- 1/4 tsp (1 ml) pepper

**METHOD:**

- 1. Place flour and eggs in separate shallow bowls. Dip chicken in flour, then in eggs. Place in greased

- 13-in. x 9-in. x 2-in. (33 cm x 23 cm x 5 cm) baking dish. Combine Parmesan cheese, bread crumbs and butter; sprinkle over chicken.
- 2. Loosely cover baking dish with foil. Bake at 375 F (190 C) for 20 minutes. Uncover; bake 5-10 minutes longer or until top is browned.
- 3. Meanwhile, in bowl, combine remaining ingredients. Spoon over chicken. Return to oven for 3-5 minutes or until tomato mixture is heated through.

**SERVES 4**



**Horoscopes by Sally Brompton [sallybrompton.com](http://sallybrompton.com)**

For Sally's expanded daily and weekend horoscopes, visit [metronews.ca](http://metronews.ca)

**ARIES**  
**MARCH 21-APRIL 20**  
Any insights you may have into how to improve the physical side of your life should be noted down for future reference.

**TAURUS**  
**APRIL 21-MAY 21**  
Do something creative today, something that shows off your talent for making things happen.

**LIBRA**  
**SEPT 23-OCT 23**  
You've been living in the past in recent weeks but your forward-thinking attitude over the next few days will more than make up for it.

**SCORPIO**  
**OCT 24-NOV 22**  
The Sun's transit of the most sensitive area of your chart encourages you to believe that everyone is against you.

**GEMINI**  
**MAY 22-JUNE 21**  
Something you have not been able to get your head around these past few weeks will make perfect sense as from today.

**SAGITTARIUS**  
**NOV 23-DEC 21**  
Like everyone else, you were born with a talent of some kind and your task today, and for the rest of the week, is to take that talent and do something with it.

**CANCER**  
**JUNE 22-JULY 22**  
Even if you are the kind of Cancer who keeps your thoughts to yourself, you will have plenty to say for yourself over the next 24 hours.

**CAPRICORN**  
**DEC 22-JAN 20**  
Your mind is about to switch itself on again. Not that it's been switched off completely but it does seem to have been operating at reduced capacity.

**LEO**  
**JULY 23-AUG 23**  
News you have been waiting for these past few weeks will finally arrive today and put an end to your torment.

**AQUARIUS**  
**JAN 21-FEB 18**  
What takes place over the next few hours will present you with a solution to a problem you thought was insoluble.

**VIRGO**  
**AUG 24-SEPT 22**  
Mercury, your ruler, is turning direct in your birth sign after a lengthy period of retrograde motion your thoughts will be clear again.

**PISCES**  
**FEB 19-MARCH 20**  
According to the planets, you have been talking at cross purposes with a friend and that is why there has been a certain amount of tension in your life.

**This day in history**

- SEPT. 29, 1941: World War II: Holocaust in Kiev, Ukraine: German Einsatzgruppe C starts Babi Yar massacre. According to one report, at least 33,771 Jews from Kiev and its suburbs are killed at Babi Yar on Sept. 29–30, 1941.
- SEPT. 29, 1943: World War II: U.S. General Dwight D. Eisenhower and Italian Marshal Pietro Badoglio sign an armistice aboard the Royal Navy battleship HMS Nelson off Malta.
- SEPT. 29, 1949: The Communist Party of China writes the Common Programme for the future People's Republic of China.
- SEPT. 29, 2008: Following the bankruptcies of Lehman Brothers and Washington Mutual, The Dow Jones Industrial Average falls 777.68 points, the largest single-day point loss in its history.





# AIR CANADA VACATIONS

## GREAT deals starting at

# \$599

**Santa Clara**  
Meliá Las Dunas • 4 ★  
All-Inclusive • Standard rm.  
Oct. 4 • 1 wk.

**\$599**

Taxes & other fees  
(including service charges): \$218

**Barceló Cayo**  
Santa Maria • 4 ★  
All-Inclusive • Junior suite  
Oct. 11 & 18 • 1 wk.

**\$759**

Taxes & other fees  
(including service charges): \$218  
Price based on Tues. - Thurs. departures

**Honolulu** via Vancouver  
Aston Waikiki Circle • 3 ★  
Hotel rm. city view  
Nov. 2, 4, 9 & 15 • 1 wk.

**\$799**

Taxes & other fees  
(including service charges): \$140

**Punta Cana** via Toronto  
Occidental Grand  
Punta Cana • 4 ★  
All-Inclusive • Junior suite  
Oct. 3, 4, 18 & 25 • 1 wk.

**\$749**

Taxes & other fees  
(including service charges): \$322  
**UPGRADE** to the Royal Club luxury room for only \$229 per person

**Puerto Vallarta**  
Canto del Sol  
Plaza Vallarta • 3 1/2 ★  
All-Inclusive • Standard rm.  
Nov. 7 - Dec. 5 • 1 wk.

**\$829**

Taxes & other fees  
(including service charges): \$273

**Los Cabos**  
Barceló Los Cabos  
Palace Deluxe • 5 ★  
All-Inclusive • Junior suite  
Jan. 9 - 30 • 1 wk.

**\$1169**

Taxes & other fees  
(including service charges): \$272

**Cancun / Riviera Maya**  
Gran Bahia  
Principe Coba • 5 ★  
All-Inclusive • Junior suite  
Jan. 3 • 1 wk.

**\$1209**

Taxes & other fees  
(including service charges): \$250

**Gran Bahia**  
Principe Tulum • 5 ★  
All-Inclusive • Standard rm.  
Jan. 3 • 1 wk.

**\$1259**

Taxes & other fees  
(including service charges): \$250

**Jamaica**  
Gran Bahia Principe  
Jamaica • 4 1/2 ★  
All-Inclusive • Junior suite  
Dec. 21 • 1 wk.

**\$1899**

Taxes & other fees  
(including service charges): \$262

## DEAL to EUROPE

**Paris** via Montreal / Toronto  
Mercure Paris  
Austerlitz Bibliotheque • 3 ★  
Breakfast • Standard rm.  
Nov. 4 & 11 • 4 nts.

**\$897**

Taxes & other fees  
(including service charges): \$421

## DEAL on CRUISES

**Royal Caribbean International<sup>1</sup>**

EARN 2,500 BONUS AEROPLAN MILES PER MEMBER<sup>2</sup>

**Adventure of the Seas<sup>®</sup>**  
Southern Caribbean Cruise  
Flights to San Juan via Montreal  
Interior stateroom, cat. N  
Dec. 20 • 1 wk.

**\$1869**

Taxes & other fees  
(including service charges): \$260

## BARBADOS VIA TORONTO

EARN 5,000 BONUS AEROPLAN MILES PER MEMBER<sup>3</sup>

**Hilton Barbados** • 4 1/2 ★  
Oceanview rm.  
Nov. 11 - 25 • 1 wk.

**\$1499**

Taxes & other fees  
(including service charges): \$93  
Price based on Tues. - Thurs. departures

**Almond Casuarina**  
Beach Resort • 4 ★  
All-Inclusive • Standard rm.  
Nov. 10 - 25 • 1 wk.

**\$2199**

Taxes & other fees  
(including service charges): \$93  
Price based on Tues. - Thurs. departures



CONNECT FREE<sup>5</sup> Edmonton • Lethbridge • Nanaimo • Regina • Saskatoon • Kelowna • Kamloops

Fly in style - Upgrade to Executive Class<sup>®</sup> service<sup>4</sup>

  
**PRIVILEGES**  
FREE advance seat selection  
and exclusive features



Earn up to 9,050  
Aeroplan<sup>®</sup> Miles per member<sup>1</sup>



**aircanadavacations.com**  
Call 1 866 529-2079 or your travel agent

Departure taxes are extra and must be paid locally: Costa Rica, 26 USD cash; Cuba, 25 CUC cash. Prices in this ad are in Canadian dollars and are valid for bookings made between Sept. 29 & Oct. 3/09, inclusive. Prices are per person based on double occupancy, unless otherwise stated, from Calgary International Airport. Air & Hotel packages to the Caribbean, Cuba, Costa Rica and Mexico include return flight, the hotel as described and transfers at destination. Air & Cruise packages include return flight and the cruise as described. Packages to Europe and the USA include return flight and hotel as described. New bookings only. Subject to availability. Not applicable to group bookings. Sale prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Flights operated by Air Canada. For applicable terms and conditions, consult the Air Canada Vacations brochures or [www.aircanadavacations.com](http://www.aircanadavacations.com). Aeroplan Miles are not actual miles, but points towards rewards including travel rewards. Unless otherwise indicated, Aeroplan Miles indicated are based on roundtrip Economy class per passenger from Calgary to Paris via Toronto, are awarded on flight-inclusive travel only, and are per Aeroplan member. For the amount of Aeroplan Miles that can be earned when flying to other destinations, visit [www.aircanadavacations.com](http://www.aircanadavacations.com). For terms and conditions of the Aeroplan program, consult [www.aeroplan.com](http://www.aeroplan.com). <sup>1</sup> Royal Caribbean International Ltd. ships' registry: The Bahamas. <sup>2</sup> Earn 2,500 bonus Aeroplan Miles if booking is made by Oct. 3/09 for departures between Sept. 1 & Dec. 31/09. <sup>3</sup> Earn 5,000 bonus Aeroplan Miles if booking is made by Oct. 15/09 for departures between Oct. 1 & Dec. 15/09. <sup>4</sup> Available on select flights. Full details available at [aircanadavacations.com/executiveclass](http://aircanadavacations.com/executiveclass). <sup>5</sup> Available in conjunction with flight-inclusive packages. Non-stop flights via Calgary. Excluding USA & Europe destinations. <sup>6</sup> Aeroplan is a registered trademark of Aeroplan Canada Inc. <sup>7</sup> Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership. Visit [www.aircanadavacations.com](http://www.aircanadavacations.com) for up-to-date information.